

Register
today!

learn.uvm.edu/olli/centralvt
802.656.8407
noncredit@uvm.edu

Reciprocal Membership:

Once you become a member in your local statewide OLLI, you are entitled to attend programs at the six UVM statewide OLLIs (Central VT, Lamoille Valley, Rutland, Springfield, St. Albans and St. Johnsbury) throughout Vermont. [Call to add your name to the roster.](#)

If you are already a registered statewide member for the current semester and would like to attend a Campus OLLI program, the Campus OLLI membership fee will be waived. [Please call 802.656.8407.](#)

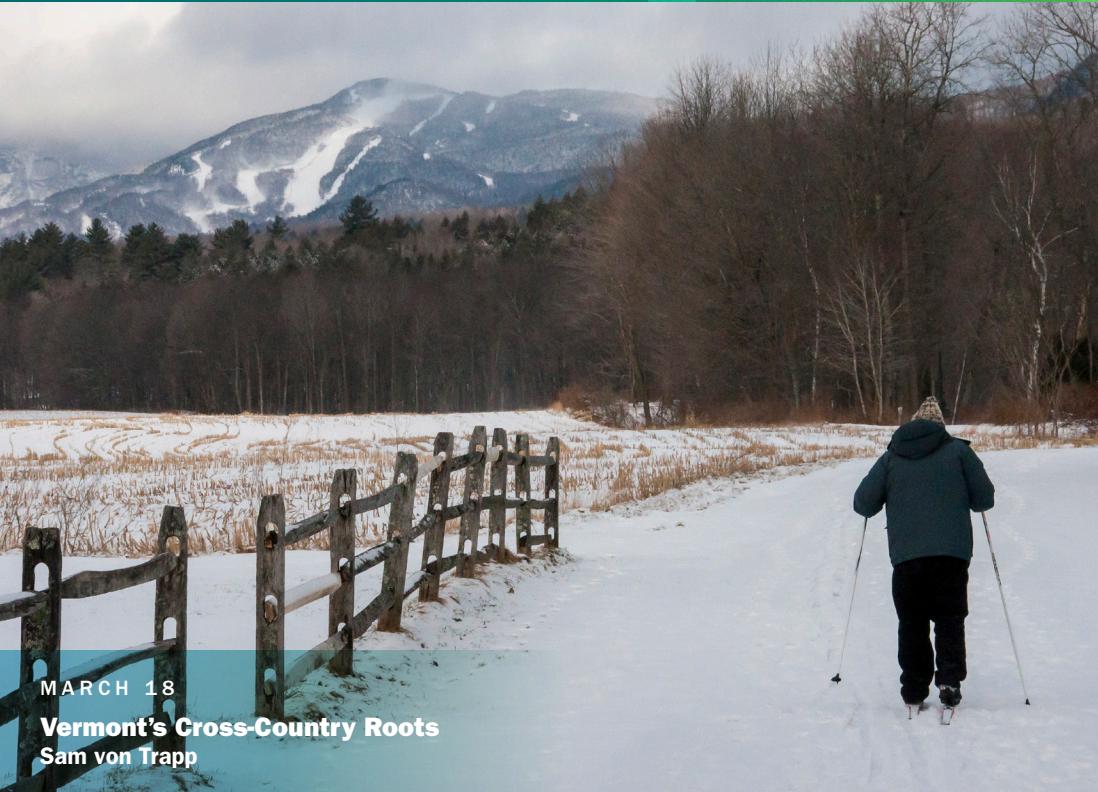
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CENTRAL VERMONT OLLI

23 MANSFIELD AVENUE, BURLINGTON, VT 05401

SPRING 2026 PROGRAMS

CENTRAL OLLI
VERMONT



FEBRUARY 4–APRIL 15
Wednesdays, 1:30 pm

**The Chapel in College Hall,
Montpelier Performing Arts Hub**
36 College Street, Montpelier, VT 05602

NOTE: The Rick Winston Film Series will be shown at the Savoy Theater, 26 Main Street, Montpelier, VT



of The University of Vermont®



of The University of Vermont®

Our Mission:

To provide intellectually stimulating, affordable, non-credit learning opportunities for people 50 and over in community settings throughout Vermont.

CENTRAL OLLI
VERMONT

A HEARTFELT THANK YOU...

...to our dedicated **Central Vermont OLLI Program Committee** for their time, energy, and vision: **Ginny Callan, Gregory Gerdel, Anne Greshin, Edie Miller, Avram Patt, Mary Just Skinner, Alison Underhill, and Marj Zunder.**

Programs will not take place when Montpelier schools are canceled for weather. Call 802.223.5886 to confirm.



OLLI at UVM, one of more than 120 OLLIs nationwide, is a cooperative learning community supported by the contributions and participation of our members.

Spanning seven locations across the state of Vermont, OLLI members are a part of a vibrant and dynamic community of lifelong learners who enjoy exploring new ideas, enhancing their creativity, and sharing a passion with others through in-person & online programs.

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CENTRAL OLLI

Winters' Time: Justice, Gender, and Celebrity in the Roaring Twenties of Rural Vermont

with Jeffrey Amestoy, Author and Former Chief Justice of the Vermont Supreme Court

Wednesday, February 4, 1:30 pm

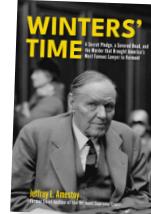


Photo: Glenn Russell

VTDigger's Evolution: From a One-woman Newsroom to Vermont's News Organization of Record

with Sky Barsch, CEO of VTDigger

Wednesday, February 25, 1:30 pm **DATE CHANGE!**

Revisit 1926, when Cecelia Gullivan, an executive with the Cone Automatic Machine Company, was brutally murdered in her Windsor home. Hear Jeff Amestoy, author of *Winter's Time: A Secret Pledge, A Severed Head, and the Murder that Brought America's Most Famous Lawyer to Vermont*, explain how *State v. Winters*, one of the most notorious murder trials in Vermont history, examines justice, gender, and celebrity in the Roaring Twenties of rural Vermont.

DATE CHANGE!

Why We Eat What We Eat: Using Behavioral Science to Make Better Food Choices

with Kimberly Lipinski, Director of Nutrition and Wellness, The Central Vermont Council on Aging

Wednesday, February 11, 1:30 pm



Explore the psychology behind our food preferences and the hidden forces that shape our eating habits. Discover how behavioral science techniques used in advertising, marketing, and design reveal the subtle cues like presentation, language, and environment, that influence what and how much we eat. Learn practical, research-based strategies to reshape food choices, promote healthier habits, and design environments that make better eating the easy choice.

Past, Present, and Future of Cannabis in Vermont

with James Pepper, Chair of the Vermont Cannabis Control Board

Wednesday, February 18, 1:30 pm

Trace Vermont's rich and complicated history with the cannabis plant as it moved out of the shadows and into the spotlight. Join the chair of the Vermont Cannabis Control Board to learn about the twists and turns of cannabis policy, the current state of the market, the ever-evolving federal landscape, and what the future may bring.

SPRING 2026 PROGRAMS

FEBRUARY 4-APRIL 15

Wednesdays, 1:30 pm

Vermont's Cross-Country Roots

with Sam von Trapp, Rabid Ski Enthusiast

Wednesday, March 18, 1:30 pm

Trace Vermont's rich history of Nordic skiing, from early grassroots recreation and racing to the founding of the nation's first full-service cross-country ski center by Johannes von Trapp in 1968.

Examine the Norwegian influences and moments of serendipity that fueled Trapp's success and propelled Vermont onto the national and international stage. Discover how the explosion of backcountry touring in recent decades has become the newest chapter in this "Virtuous Sport."

The Museum of Everyday Life

with Clare Dolan, Founder and Chief Operating Philosopher, Museum of Everyday Life

Wednesday, March 25, 1:30 pm

NOTE: This presentation ONLY will take place in the Gary Library, 33 College Street, directly across the street from the regular location.

Discover the Museum of Everyday Life in Glover, Vermont—a unique grassroots experiment that celebrates the beauty and meaning of ordinary objects. Explore how items of little monetary value can hold immense cultural and emotional significance. Learn how this one-of-a-kind museum re-assembles familiar devices into installations and performances that challenge notions of culture and upend our understanding of the mundane and the extraordinary.



Register today!

REGISTER TODAY! FOR REGISTRATION INFORMATION, GO TO: learn.uvm.edu/olli/centralvt



of The University of Vermont®

Central VT OLLI Registration

SPRING 2026 PROGRAMS

Please consider option 1 or 2

(Quick & easy for you, and also for the OLLI Staff and Volunteers)

REGISTRATION/PAYMENT OPTIONS:

- 1 Go to website: learn.uvm.edu/olli/centralvt and register online with your credit card;
- 2 Register over the phone with your credit card by simply calling the UVM Non-Credit Registration office at **802.656.8407** during regular business hours or email noncredit@uvm.edu
- 3 Complete the registration form below indicating full series membership or which specific program(s) you wish to attend; mail completed form and your check (made out to University of Vermont-OLLI) to:

UVM Non-Credit Registration Office
85 South Prospect Street, Box 34, Burlington, VT 05405

Please note that we cannot accept payment at the door.



**PRE-REGISTRATION IS REQUIRED.
WALK-INS NOT ACCEPTED.**

NAME(S)

ADDRESS

CITY

STATE ZIP

PHONE

EMAIL

Please check one of the following options:

Early Bird Full Membership: (Register by January 21): \$49.50

Full Series Membership: (after January 21): \$55

Individual Program(s) \$10 each

DATE TITLE

DATE TITLE

DATE TITLE



The Rick Winston Film Series
will be shown at the: **SAVOY THEATER:**
26 Main Street, Montpelier, VT, 1:30 pm



REGISTER NOW!