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23 MANSFIELD AVENUE, BURLINGTON, VT 05401



of The University of Vermont®

Register
today!

learn.uvm.edu/olli/lamoille
802.656.8407
noncredit@uvm.edu

Reciprocal Membership:

Once you become a member in your local statewide OLLI, you are entitled to attend programs at the six UVM statewide OLLIs (Central VT, Lamoille Valley, Rutland, Springfield, St. Albans and St. Johnsbury) throughout Vermont.

Call to add your name to the roster.

Your active Statewide OLLI membership also entitles you to sign up for Campus OLLI campus programs at the discounted member rate.



of The University of Vermont®

Our Mission:

To provide intellectually stimulating, affordable, non-credit learning opportunities for people 50 and over in community settings throughout Vermont.

F A L L 2 0 2 5 P R O G R A M S

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SEPTEMBER 3

The Beaver: Nature's Superb Engineer
Kurt J. Valenta

SEPTEMBER 3–OCTOBER 22
Wednesdays, 1–2 pm

Stowe Cinema 3Plex
454 Mountain Road, Stowe, VT 05672

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OLLI at UVM, one of more than 120 OLLIs nationwide, is a cooperative learning community supported by the contributions and participation of our members.

Spanning seven locations across the state of Vermont, OLLI members are a part of a vibrant and dynamic community of lifelong learners who enjoy exploring new ideas, enhancing their creativity, and sharing a passion with others through in-person & online programs.

A HEARTFELT THANK YOU...

...to our dedicated Lamoille Valley OLLI Committee Members for their time, energy, and vision—and to Bourne's Energy for their generous sponsorship. Your support makes lifelong learning in our community possible!

For weather related schedule changes, check the website, listen to WDEV 550 AM or WLVB 93.9 FM.

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The Beaver: Nature’s Superb Engineer

with Kurt J. Valenta, Educator; Founder of Exordium Nature Programs

Wednesday, September 3, 1–2 pm

Discover the historical significance of the beaver in the exploration and mapping of North America, its unique characteristics, and family life. Understand the beaver’s vital role and importance in supporting diversity of wildlife, flood control, and environmental rejuvenation.

Keeping Your Mind Sharp: The Role of Learning in Aging Well

with Mary Val Palumbo, UVM Professor Emerita in Nursing and Gerontology

Wednesday, September 10, 1–2 pm

Explore the powerful connection between lifelong learning and brain health. Examine how mental stimulation, learning new skills, and engaging in social activities support cognitive function and protect against age-related decline.

Through interactive discussions and practical tips, gain strategies for weaving learning into daily life. Understand the science behind brain health and gain tools to take proactive steps toward maintaining a healthy aging brain.



NASA's Eyes on Earth: How Space-Based Systems Track Our Planet's Health

with David Meyer, Former Director, NASA Goddard Earth Sciences Data Center

Wednesday, September 17, 1–2 pm

Trace the evolution of space-based instruments that now deliver long-term, global observations of weather, oceans, ecosystems, geology, polar ice caps, and climate. Discover how NASA missions use light, radar, and even Earth’s gravity, to monitor our planet. Gain a deeper understanding of these dynamic Earth processes and their complex interactions with human activity.



Photo: Luce Archives

A Hard Life on the Frontier: Tales from Stowe's Earliest Years

with David E. Luce, Eighth-Generation Vermonter; Family Historian

Wednesday, September 24, 1–2 pm

Step into the early history of Stow (the town’s spelling until 1838) with Waterbury Center resident and eighth-generation Vermonter Dave Luce. Meet several of Stowe’s first settlers in the years 1750 to 1800, Oliver Luce and relatives Ivory and Zimri. Learn about their struggles as they overcame enormous hardship and privation to thrive and raise families on Luce Hill. Hear personal anecdotes and historical detail informed by Dave and his family’s research on the Luce family since their arrival in New England in 1676.

Register today!



Vermont Maple: Timeless and Thoroughly Modern

with Mark Isselhardt, UVM Extension Maple Specialist

Wednesday, October 1, 1–2 pm

Explore the deep cultural roots of maple syrup in Vermont, a tradition that predates European arrival in North America. Uncover the surprising history of continuous innovation and technological advancement behind this iconic product. Examine how Vermont sugaring has grown to produce three million gallons of syrup in 2025, and consider what the future holds for this evolving industry.

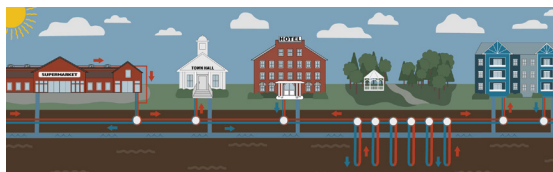
Sharing the Heat: Thermal Energy Networks for Heating and Cooling

with Debbie New, Founder, Vermont Community Thermal Networks and Catherine Crawley, Chair, Town of Stowe Energy Committee

Wednesday, October 8, 1–2 pm

Examine the high costs and environmental impact of how we currently heat our buildings. Learn how much of this energy is wasted—vented into the air, flushed down the drain, or left untapped beneath our feet. Discover how communities can capture and repurpose this thermal energy to provide heating and cooling that is both economical and locally sustainable. Join Debbie New of Vermont Community Thermal Networks and Catherine Crawley, Chair of the Town of Stowe Energy Committee, and explore a neighborhood approach to using the heat we already have to make heating and cooling more accessible and affordable—while offering a promising path for Stowe’s energy future.

Photo: VCN



What’s So Hot About Sex, Anyway

with Dr. Elizabeth Sherman, Professor of Biology, Emerita; Science Communicator

Wednesday, October 15, 1–2 pm

Unravel the evolutionary puzzle of sex—why it exists and how it varies across the living world. Examine sexual reproduction, where genetic material from two parents combines to create genetically unique offspring. Investigate the diversity of mating types, from fixed male and female roles in many multicellular organisms to hermaphroditism in both vertebrates and invertebrates, and the +/- systems in many microorganisms. Reflect on the uniquely human concept of gender—distinct from biological sex yet deeply connected to it. Bring your curiosity and questions to this fascinating discussion of biology, identity, and diversity.

From Tarija to Burlington to Banjul: Improving Vision Across Continents and Generations

with Jeffery Young, MD, Vermont Ophthalmologist

Wednesday, October 22, 1–2 pm

Investigate the global disparities in access to eye care and recognize the urgent need for equitable solutions. Delve into international efforts and highlight how local initiatives are working to bridge the gap. Accompany Dr. Young as he recounts his medical missions to South America, West Africa, and Burlington. Observe, compare, and reflect on the challenges and successes of delivering care across vastly different settings.



Photo: Mohammed Kimah



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Lamoille OLLI Registration

FALL 2025 PROGRAMS

Please consider option 1 or 2

(Quick & easy for you, and also for the OLLI Staff and Volunteers)

REGISTRATION/PAYMENT OPTIONS:

1 Go to website: learn.uvm.edu/olli/lamoille and register online with your credit card;

2 Register over the phone with your credit card by simply calling the UVM Non-Credit Registration office at **802.656.8407** during regular business hours or email noncredit@uvm.edu

3 Complete the registration form below indicating full series membership or which specific program(s) you wish to attend; mail completed form and your check (made out to University of Vermont-OLLI) to:

UVM Non-Credit Registration Office

85 South Prospect Street, Box 34, Burlington, VT 05405

* WE CANNOT ACCEPT PAYMENT AT THE DOOR *



REGISTER NOW!

NAME(S)

ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

Please check one of the following options:

☐ **Early Bird Full Membership:** (Register by August 20): \$40.50

☐ **Full Series Membership:** (after August 20): \$45

☐ **Individual Program(s)** \$10 each

DATE TITLE

DATE TITLE

DATE TITLE



STARTING SPRING 2026:

Pre-registration will be required. Walk-in registrations will no longer be accepted.