

CAMPUSOLLI

Serving the Greater Burlington Area | **SEEK. LEARN. DISCOVER. GROW.**



Thea Alvin Earthwork Sculpture Park Tour, Summer 2024

Photo: Lauren Traister

**IN-PERSON
& ONLINE
PROGRAMS**

SHARED INTEREST GROUP— HOW ART HAPPENS

Drawing for the Terrified

with Michael Strauss

Tuesdays, January 7–28, 10:00 am–noon

Fee: FREE to members

In this online program, learn to see the environment around you more clearly while learning to draw. Discuss the drawing process, share experiences, and improve your eye-hand coordination. Understand drawing as a way to communicate and understand your visual experience. Come to understand drawing as a way of knowing. No previous drawing experience is required. This will not be recorded. See website for the strongly recommended materials list.



of The University of Vermont®

**classes
travel
lectures
discussions
active learning**

Author's Corner:

Mystery in the Hills

with Sarah Stewart Taylor

Tuesday, January 21, 5:30–6:30 pm

Fee: \$15

Join Vermont mystery writer Sarah Stewart Taylor for an online discussion about her new crime fiction series set in 1960s rural Vermont. Learn about her inspiration, research, and writing process, and gain insights into how to start a novel and navigate the path to publication.

Pee the Change: Growing the Peecycling Movement across Vermont

with Julia Cavicchi

Wednesday, January 22, 11:00 am–noon

Fee: \$15

Join the Rich Earth Institute for this online program on peecycling—reclaiming human “waste” to fertilize local farms and gardens. Discover how this practice reduces pollution, conserves water, and supports sustainable agriculture. Learn about the community-scale peecycling program, global efforts, and how you can start reclaiming nutrients in your own garden.

 **ONLINE**  **IN-PERSON***  **RECORDED**

*Provide own transportation to all in-person classes. Exact location of in-person programs will be provided upon registration.

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REGISTER TODAY! learn.uvm.edu/campusolli OR 802.656.8407

Boost Your Brain with BRIGHT MINDS

with Patty Tashiro

Tuesdays, January 28–February 11, 5:30–6:30 pm
Fee: \$30

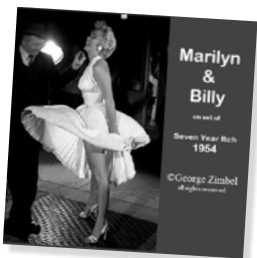
In this three-part online program, based on the BRIGHT MINDS principles, discover the 11 major risk factors that harm your brain and steal your mind. Learn simple strategies to address each one and get your brain working for you, not against you. While many of us know what we ‘should’ be doing, this program will help you overcome the barriers to actually doing it.

The Night I Shot Marilyn Monroe

with Andrew Zimbel

Wednesday, January 29, 1:30–2:30 pm
Fee: \$15

Join Andrew Zimbel in this online presentation for a rare presentation on his father George Zimbel’s iconic photography session with Marilyn Monroe.



View images—both famous and unseen outtakes—taken on the set of *The Seven Year Itch*. Watch a short documentary and gain insights into the artistry and spontaneity behind the shoot. This is only the second time the entire collection will be shown, offering a unique exploration of the intersection of photography, celebrity, and history.

Author’s Corner: To Walk It Is to See It: 1 Couple, 98 Days, 1400 miles on Europe’s GR5

with Kathy Elkind

Thursday, January 30, 1:30–3:00 pm
Fee: \$20

Kathy Elkind shares slides and stories from her 1,400-mile walking journey across the GR5 in Europe, through The Netherlands, Belgium, Luxembourg, France, and Switzerland. Hear how the adventure became her book, *To Walk It Is To See It*. Discuss slow travel, long-distance walking, relationship endurance, and the joys and challenges of a 98-day trek at age 58. Reading the book beforehand is encouraged. Held in Shelburne.

SHARED INTEREST GROUP— FORBIDDEN PAGES: BANNED BOOK CLUB

Gender Queer

with Rebecca Starks

**Wednesday, February 12,
 3:30–5:00 pm**
Fee: FREE to members

Join us online to read and discuss *Gender Queer*, Maia Kobabe’s 2019 graphic memoir about growing up gender-nonconforming. This frequently banned, award-winning book has been removed from more school libraries than any other in recent years. Delve into the reasons for its banning, the discomfort it may cause, and the insights gained from that discomfort.



Fun Home

with Rebecca Starks

**Wednesday, March 12,
 3:30–5:00 pm**
Fee: FREE to members

Read and discuss *Fun Home: A Family Tragicomic*, Alison Bechdel’s 2006 graphic memoir, in this online Banned Books Club.

The book chronicles Bechdel’s childhood and complex relationship with her father, who died by suicide. Winner of multiple awards, this LGBTQ+ themed memoir is frequently banned. Analyze the reasons for its challenges, reflect on any discomfort it evokes, and explore its deeper value.



The Bluest Eye

with Rebecca Starks

**Wednesday, April 9,
 3:30–5:00 pm**
Fee: FREE to members

In this online program, read and discuss *The Bluest Eye*, Toni Morrison’s first novel. Set in the 1940s, it follows a young African American girl who internalizes her community’s racism and wishes for blue eyes, believing they would free her from her struggles. Since its 1970 publication, the book has regularly appeared on the ALA’s most banned list. Explore the reasons behind its banning, any discomfort it provokes, and the value in that discomfort.



sign up now!

 ONLINE  IN-PERSON  RECORDED

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IN THE LAB SPOTLIGHT ON UVM RESEARCH SERIES



Microbiomes: Nature's Solution to Pollution and Climate Change

with Matthew J Scarborough

Wednesday, February 5, 10–11 am

Fee: \$15

Explore the fascinating world of microbiomes in this online program with UVM Professor Matt Scarborough. Understand their role in human health, pollution reduction, and cutting-edge research aimed at reducing greenhouse gas emissions through microbiome engineering.

Pure Maple Syrup: Timeless and Thoroughly Modern

with Mark Isselhardt

Tuesday, March 11, 10:30 am–noon

Fee: \$20

Trace the history of maple sugaring from its pre-colonial roots to modern production techniques. Learn about innovations that have made the maple industry more efficient and explore current research that continues to shape the industry. This seminar dives into the rich tradition and cutting-edge trends in maple sugaring. Held in Burlington.

sign up now!

SHARED INTEREST GROUP— OLLI SCHOLARS PROGRAM*

Biology of Grasses

with Hannah Shafer

Wednesday, April 2, 1:30–3:00 pm

Fee: FREE to members

Grasses cover 40 percent of Earth's land, yet many are unfamiliar with grass biology. Learn to identify common Vermont grasses and explore the role of grasses in ecosystems and agriculture. Through this engaging lecture, gain a deeper appreciation for this essential part of Vermont's natural landscape. Held in Shelburne.

*The OLLI Scholars Program showcases the work and research of UVM graduate students.



“OLLI is a gift for those interested in learning and fun!”

— OLLI Member

Journeys of Becoming: Exploring the Art, Prose, Poetry, and Science of Transformation

with Michael Strauss

Tuesdays, February 4–25, 10 am–noon

Fee: \$25

In this four-week online series, explore perception, process, and change as expressed in science, art, poetry, and philosophy. Discuss works by Salvador Dali, Mary Oliver, and Walt Whitman, as well as scientific concepts of evolution, natural selection, Deep Time, and the Illusion of Time. Watch creative films on transformation and change and engage in discussions on these thought-provoking topics.

Breathing, Emotions, and Your Nerves

with Nicole Carpenter

Tuesdays, February 4–25, 10:30 am–noon

Fee: \$50

Often, we're told to take a breath before responding to a tricky situation. Why is this helpful? Explore your nervous system, emotions, and breath in this 4-week online series. Identify your breathing habits, discover tools for self-regulation, and engage in movement. Practice intentional breathing exercises in a space where you can sit, stand, move, and lie down.

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Armchair Adventures I: Plum Island, Massachusetts 🖥️ 🎧

with Maeve Kim

Thursday, February 6, 11:00 am-noon
Fee: \$15

In this online program, visit Plum Island, Massachusetts—home to Parker River National Wildlife Refuge and Sandy Point Reservation. Explore its scenic beauty, learn about its history and geology, and get practical tips on driving, lodging, and dining. Enjoy plenty of photos and insider information on this unique destination, all from the comfort of your home.

Stories of Love: The Good, The Bad, and The Ugly 👤

with MaryAnn Paterniti

Thursday, February 13, 10:30 am-noon
Fee: \$15

Join storyteller MaryAnn Paterniti for a captivating program of traditional and literary tales. Hear stories of love, desire, betrayal, and hope, as engaging characters navigate the light and dark places of the heart. Prepare to be thoroughly entertained by these timeless and deeply human stories. Held in Burlington.

Armchair Adventures II: Georgia's Jekyll Island 🖥️ 🎧

with Maeve Kim

Wednesday, February 19, 11:00 am-noon
Fee: \$15

In this online program, escape Vermont winter to the warm, sandy beaches of Jekyll Island and a tiny island just north of it. Enjoy stunning nature photography, a bit of history and geology, and practical travel advice on lodging and destinations. This virtual journey is your ticket to sunshine.

“I’ve taken many classes both online and in person and have enjoyed them all as well as learned from them.”

– OLLI Member

Vermont's Long Trail: Hiking and Managing the Oldest Long Distance Hiking Trail in the Nation 🖥️ 🎧

with Michael DeBonis

Thursday, February 20, 5:30-6:30 pm
Fee: \$15

Join Green Mountain Club Executive Director Mike DeBonis, in this online program, as he shares captivating images and stories from his experiences hiking and managing America's oldest long-distance hiking trail. Explore the beauty and history of the Long Trail, all from the comfort of your home—no bugs, rocks, or wet socks required! This engaging program brings the adventure to you.

Join or Die Film Screening: Why Joining a Club Matters for America's Future 👤

with Chad Ervin

Wednesday, February 26, 1:00-3:30 pm
Fee: \$25

This documentary follows social scientist Robert Putnam, whose influential “Bowling Alone” research explores the decline of community in America and its impact on democracy. Featuring voices like Hillary Clinton, Pete Buttigieg, and Vivek Murthy, it addresses key questions about democracy's current crisis and highlights inspiring efforts to rebuild community connections, offering hope for a more united and resilient future. *Join or Die's* film editor and local Vermonter Chad Ervin will lead a discussion at the end. Held in Burlington.

Fused Glass Art Making 👤

with Davis Studio

Wednesdays, March 5-19, 10:00-11:30 am
Fee: \$110

Description: Explore the exciting medium of kiln formed glass fusing techniques! Express your creativity using a variety of materials, colors, techniques, and projects in this 3 part series. Held in South Burlington.

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sign up now!



Photo: Davis Studio

Fused Glass from the Davis Studio

The 20th Century American Short Story II

with Robert Weibezahl

Thursdays, March 6–April 10, 1:30–3:00 pm
Fee: \$70

Continue your exploration of *The Best American Short Stories of the Century* in this six-week online series. Focus on mid-century stories (1940–1970) by both well-known and lesser-known authors. Discuss themes like immigration, race, social change, and individuality, and examine these stories in the context of their time. No prerequisites; participants read stories in advance. This program will not be recorded. Book purchase required; see website for details.

America in the 1960s: Seeds of the Culture Wars

with Ron Miller

Mondays, March 10–April 14, 1:30–3:00 pm
Fee: \$70

Explore the protests, social movements, and countercultural expressions of the 1960s in this class. Understand the rise of a conservative movement opposing these developments and discuss how this cultural divide has shaped modern-day polarization. Lively lectures will be interspersed with engaging conversations about the lasting impact of this turbulent era. Held in Burlington.

Edible Landscaping

with Jacob Holzberg-Pill

Thursday, March 20, 10:30 am–noon
Fee: \$20

Discover the best trees and bushes to transform your yard into a delicious and beautiful landscape. Learn about cold-hardy, low-maintenance plants you can grow at home, including lesser-known fruits that are as attractive as they are tasty. Perfect for anyone interested in creating an edible ecosystem filled with abundance. Held in Burlington.

Religious Appeals in Power Politics

with Peter Henne

Wednesday, March 26, 10:30 am–noon
Fee: \$15

Many states try and use religion as a tool in international conflicts, but it is unclear whether this ever works out for them. In this talk, Peter S. Henne of the University of Vermont will discuss his latest book, which explores the mixed and complicated impacts of appeals to religion in international power politics. He will provide an overview of historical cases as well as what they mean for current US foreign policy.

Classics of the Foreign Film: *Shoot the Piano Player*, *The Exterminating Angel*, *A Taste of Honey*

with Barry Snyder & Rick Winston

Tuesdays, April 1–15, 10:30 am–1:00 pm
Fee: \$45

Join film historians Rick Winston and Barry Snyder as they screen and discuss three art house classics: François Truffaut's *Shoot the Piano Player* (1960), Luis Buñuel's *The Exterminating Angel* (1962), and Tony Richardson's *A Taste of Honey* (1961). Explore the historical and cultural contexts of these films, their place in the art house movement, and their lasting impact on cinema. Popcorn and coffee/tea provided. Held in Burlington.

Tai Chi Easy

with Nicole Carpenter

Wednesdays, April 2–23, 11:00 am–noon
Fee: \$40

Support your own health and vitality in this online, 4-week series building upon basic Tai Chi and Qi Gong principles. By moving the body in a rhythmic and gentle way, we'll help the body relax, connect to your breath, and settle the mind. We'll end each class with breathwork, self-massage, and/or visualizations. All our welcome to join, no experience needed. Movements can be done in a chair or standing.

Paint and Sip: Mountain Vistas and Meadow Views

with Natalie Carr

Sunday, April 6, 12–2 pm
Fee: \$40

Join us for a fun afternoon of painting landscapes and mountains at VT Cider Lab. No art experience needed. Create a 12x16 canvas masterpiece while you enjoy laughs with friends and peers. Program includes canvas, materials, and instruction. Food and drinks are available for purchase. Held in Essex.

Writing a Legacy Letter

with Jay Sherwin

Mondays, April 7–14, 11:00 am–12:30 pm
Fee: \$35

A legacy letter allows you to share life lessons, express values, and pass on blessings to future generations in just a few pages. Writing one is a rewarding experience that creates an enduring gift for family and loved ones. This online program includes discussions and brief writing exercises to help you reflect on your life and explore your values. Gain practical advice, encouragement, and a simple model to begin crafting your own legacy letter.

Running Strong After Fifty: Strategies for Lifelong Fitness 👤

with Gordon MacFarland

Tuesday, April 15, 10:30 am-noon
Fee: \$20

Explore the benefits and challenges of running after age 50. Review core anatomy and biomechanics principles affected by aging, and understand why older runners become “experiments-of-one.” Learn basic at-home strength and flexibility exercises to support your running, and consider training strategies to adopt. This interactive session is for current runners and includes ample time for discussion. Loose, comfortable clothing recommended. Held in Burlington.

Spring (into) Salads 📺 🎧

with Liza Baker

Wednesday, April 16, 10:30-11:30 am
Fee: \$15

Get ready for spring with the freshest foods! Join health coach and cookbook author Liza Baker for an online class exploring creative spring salads. Expand your understanding of what these dishes can include and discover new ways to enjoy seasonal ingredients.



Beginning Yoga

with Amanda McIntire

Fee: \$40

SESSION 1: 📺 🎧

Wednesdays, January 8-29, 5:30-6:30 pm

SESSION 2: 📺 🎧

Wednesdays, February 5-26, 5:30-6:30 pm

SESSION 3: 📺 🎧

Wednesdays, March 5-26, 5:30-6:30 pm

SESSION 4: 📺 🎧

Wednesdays, April 9-30, 5:30-6:30 pm

In each four-week, introductory class, learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation. Required equipment: yoga or exercise mat and yoga blocks are encouraged.

Mt. Mansfield Ski Patrol—The Birth of America’s Oldest Ski Patrol 📺 🎧

with Brian Lindner

Tuesday, April 22, 10-11 am
Fee: \$15

In this online class, delve into the rich history and evolution of ski patrols, from their humble beginnings to their national and military significance. Explore the origins of alpine skiing in Vermont and discover how a pivotal injury on Stowe’s Toll Road led to the creation of America’s oldest ski patrol. Learn about the formation of the Mt. Mansfield Ski Patrol, which inspired the National Ski Patrol and planted the seeds for the 10th Mountain Division—America’s elite ski troops in World War II.

Understanding Earth—How NASA’s Observation Systems Monitor the Health of our Planet 👤

with David Meyer

Wednesday, April 23, 10:30 am-noon
Fee: \$20

On October 24, 1946, the U.S. Air Force launched a V-2 rocket that captured the first photos of Earth from space. Join the former Head of NASA Goddard Earth Sciences Data and Information Services Center as he explores NASA’s evolving missions that use light, radar, and gravity to monitor Earth’s climate, ecosystems, and more. Gain a better understanding of how space-based instruments help us grasp the planet’s complexities. Held in Shelburne.

The Matter with Things: Our Brains, Our Delusions, and the Unmaking of the World 👤

with Dan Quinlan

Thursday, April 24, 10:30 am-noon
Fee: \$15

Built on a lifetime of work as a clinical psychiatrist, neuroscientist, and academic studying philosophy, literature, epistemology and much more, Iain McGilchrist’s book “The Matter with Things” offers a compelling and intriguing set of answers about the state of humanity. And further, what it will take for us to extricate ourselves from the mess we find ourselves in. We will have a conversation about some of the major conclusions of the book in hopes that students will want to learn more about this intriguing man and his ideas. Held in Shelburne.

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sign up now!

CAMPUS **OLLI** ▶ membership

UVM OLLI is part of a network of more than 120 OLLIs nationwide, creating a vibrant community for lifelong learners. Supported by member participation, OLLI spans seven locations across Vermont, where members engage in new ideas and shared passions through in-person and online programs.

If you would like to participate in an OLLI program in the greater Burlington area, become a **CAMPUS OLLI MEMBER** today!

How do I Become a Campus OLLI Member?

To join the OLLI community in the greater Burlington area, simply become a Campus Member by paying a semester-based membership fee when registering for your campus classes (class fees are additional).

Campus OLLI Member Benefits include:

- Access to a diverse selection of over 100 engaging programs each year
- Access to **FREE Shared Interest Groups (SIGs*)**
 - **Banned Book Club SIG** (online)
 - **Essential Poetry SIG** (online)
 - **How Art Happens SIG** (online)
 - **OLLI Scholars Program SIG** (led by UVM Grad students)
- Rewarding volunteer opportunities
- Access to OLLI's quarterly community e-newsletter
- Priority registration for all OLLI educational travel opportunities

SIGs—Discussion or activity groups that are **free to all OLLI campus members. They help to foster fellowship by allowing members to engage with others who share a common interest.*

SEMESTER MEMBERSHIP

\$15 | **\$12** for UVM faculty/staff/alumni or AARP members



Photo: Andy Duback

Colored Pencil Drawing, Summer 2024

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CAMPUSOLLI ▶

“I’m so happy to have found the OLLI classes. They offer such a wide range of options with wonderful instructors. I’m looking forward to see what might be offered next!”

— OLLI Member



Thea Alvin Earthwork Sculpture Park Tour, Summer 2024

Photo: Lauren Traister

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