

# CAMPUS **OLLI** ▶

Serving the Greater Burlington Area | **SEEK. LEARN. DISCOVER. GROW.**



Shelburne Farms: Sun to Cheese Tour, Summer 2024

Photo: Andy Duback

**IN-PERSON  
& ONLINE  
COURSES &  
EVENTS**

**Danger, Suspense,  
and Deception:  
The Best of Alfred Hitchcock** 🖥️

with Jay Sherwin

**Mondays, September 9-30, 10-11:30 am**

**Fee: \$60**

In this four-week online course, we'll consider some of Alfred Hitchcock's very best films, focusing on two films each week that share a common theme. Students should watch the films on their own; in class, we'll look at brief film clips and discuss key elements. Join us to explore the surprising, entertaining, confounding world that Hitchcock created on film. Offered in collaboration with OLLI at UMass Boston. This program will not be recorded.

**Meditation Sampler** 👤

with Rev. Don Chatfield

**Wednesday, September 18, 10:30 am-noon**

**Fee: \$20**

In this program, Pastor Chatfield will acquaint you with a variety of meditative techniques including guided meditation, movement meditation, mindfulness, and insight meditation. You will build a meditation tool kit that will provide you with meditative techniques to match your spiritual style and needs. Held in Shelburne.

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sign up now!

🖥️ ONLINE 👤 IN-PERSON\* 📺 RECORDED

\*Provide own transportation to all in-person classes. Exact location of in-person programs will be provided upon registration.



of The University of Vermont®

classes  
travel  
lectures  
discussions  
active learning

## The 20th Century American Short Story 📖

with Robert Weibezahl

Thursdays, September 19–October 24, 1:30–3:00 pm

Fee: \$70

In this six-week online course, explore the short story as we delve into *The Best American Short Stories of the Century*, selected by John Updike. This session, we will concentrate on stories from the beginning decades of the last century by both well-known and less-remembered writers. Participants read the stories in advance, then we discuss them within the context of their time, investigating themes such as immigration, race, social progress, and individuality. There is no prerequisite. This program will not be recorded.

## Classics of the Foreign Film: *Bicycle Thieves*, *Rashomon*, *Pather Panchali* 👤👤

with Barry Snyder and Rick Winston

Tuesdays, September 24–October 8,

10:30 am–1:00 pm

Fee: \$45

Film historians Rick Winston and Barry Snyder continue their survey of the hallmarks of art house cinema with screening and discussion of Italian director Vittorio De Sica's Neo-realist classic *Bicycle Thieves* (1948), Japanese director Akira Kurosawa's artfully enigmatic *Rashomon* (1950), and India director Satyajit Ray's profoundly humanist debut film, *Pather Panchali* (1955). Discussion will focus on historical and cultural context of these films' creation, their place within the art house movement, and the legacy of their impact on cinema. Popcorn, coffee, and tea provided. Held in Burlington.

## Political Parties Across American History 👤👤

with Ron Miller

Wednesdays, September 25–October 30,

2:00–3:30 pm

Fee: \$70

How did the Democratic and Republican parties take their current form? What other parties have sought, and sometimes won, power in the U.S.? This course will review the evolution of parties and explore how they change and why they sometimes disappear. Held in Charlotte.

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# sign up now!

📺 ONLINE 👤 IN-PERSON\* 📺 RECORDED



## Shelburne Orchards Tour and Tasting 👤

with Shelburne Orchards

Tuesday, September 17, 10:30 am–noon

Fee: \$20

Explore Shelburne Orchards in its full season and indulge in cider donuts and apple cider. Tour the distillery's barrel house and purchase samples of apple brandy and pommeau. Most of the tour will be standing or walking on dirt and grass or into buildings with wood or concrete floors. There are picnic tables available if participants need to sit. Held in Shelburne.

## Salvation Farms 👤👤

with Salvation Farms

Wednesday, October 2, 10:30–11:30 am

Fee: \$15

Enjoy this presentation from Salvation Farms about the work they do to move surplus produce from farms and into the community. They will detail what that looks like and how they have modeled this work for the state/country. Held in Shelburne.

## Shelburne Farms Tour 👤👤

with Shelburne Farms

Wednesday, October 16, 11 am–12:30 pm

Fee: \$25

Explore the stories of Shelburne Farms on a unique open-air wagon tour through a beautiful working landscape. You'll discover how the farm has evolved from a private estate to an educational nonprofit that's inspiring learning for a sustainable future. Maybe you'll be inspired, too! Along your landscape tour, you'll visit the Inn and Flower Gardens, stop at the lake shore, and watch cheesemaking in the historic Farm Barn. Held in Shelburne.

Photos: Shelburne Farms



REGISTER TODAY! [learn.uvm.edu/olli](https://learn.uvm.edu/olli) OR CALL 802.656.8407

## IN THE LAB SPOTLIGHT ON UVM RESEARCH SERIES



### Bees and Their Threats

with Samantha Alger

Thursday, September 19, 10:30-noon

Fee: \$15

Participants will be introduced to the diversity of Vermont’s bees, their importance, and their major threats with a focus on pesticides. Held in Shelburne.

### UVM Greenhouse Tour

with Derek Allen

Wednesday, October 9, 10:30-11:30 am

Fee: \$15

Join us as on a tour of the UVM Main Campus Greenhouse facility, and an exploration on how the greenhouse supports the teaching, research, and public outreach mission of the College of Agriculture and Life Sciences and the broader University. Light walking and standing on concrete through the greenhouse facility. Held in Burlington.

### A Whale’s Tale: Studying the Song of Humpback Whales at UVM

with Laura J May Collado

Thursday, October 10, 5:30-7:00 pm

Fee: \$15

In this online program, dive into the sea to explore the different ways humpback whales use sound to communicate. In the 1950s, the famous underwater filmmaker Jacques Cousteau described the ocean as a “silent world”—but the ocean is anything but silent! Novel remote acoustic technology allows scientists to listen with our ears and study the structure and function of whale songs. You will learn about who makes sounds and how we can turn sound into useful information for ecological and conservation studies.



## SPECIAL INTEREST GROUP

### How Art Happens: Visual Thinking Through Drawing

with Michael Strauss

Thursday, September 26, 10:30 am-noon

Fee: FREE to Members

In this online, discussion-based class, explore various types of drawing, emphasizing informal drawing’s significance in observation, reflection, exploration, and art creation. Discover artists’ techniques in creating spatial illusions (“The Magic Portal”) through linear perspective, light and shadow, and object overlap. Discuss how drawing fosters creative thinking across disciplines. Focus on drawing as a path to complete expressive art, examining works by Da Vinci, Klimt, Van Gogh, and others. This class welcomes participants of all skill levels. This program will not be recorded.

### Oxygen Advantage® Workshop Series

with Nicole Carpenter

Thursdays, September 26-October 17,

10:30 am-noon

Fee: \$50

Through this 4-week online series, explore your breathing habits, increase your breathing efficiency, and move your body. Develop your breathing toolkit and learn techniques to calm down, create focus, and improve your performance. As we explore breathing science and practice intentional breathing exercises, you will want to be in a space where you can sit, stand, move, and lie down.

### Fall Plant Medicine Walk at the former Ethan Allen Homestead

with Katherine Elmer

Friday, October 4, 10:30 am-noon

Fee: \$15

Consuming local plants as food and medicine is an excellent way to deepen your relationship to the natural environment while nourishing yourself. Join community herbalist Katherine Elmer of Spoonful Herbs to meet common medicinal plants growing in backyards and urban spaces on a walk at the former Ethan Allen Homestead (Winooski Valley Park District). Plant identification and safe harvesting of plants from urban areas will also be discussed. You might come away with a newfound appreciation for those “nuisance weeds”! Held in Burlington.

# sign up now!

**SPECIAL INTEREST GROUP  
FORBIDDEN PAGES:  
BANNED BOOKS CLUB**

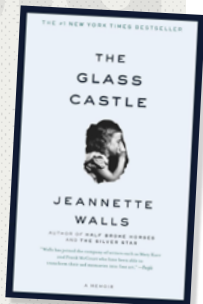
**The Glass Castle** 📖 🎥

with Rebecca Starks

**Wednesday, September 4,  
4:30–6:00pm**

**Fee: FREE to Members**

In this online Banned Books Club, we will read and discuss Jeanette Walls' 1994 memoir *The Glass Castle*, which depicts a family navigating addiction, poverty, and homelessness. We will discuss the reasons given for banning, any discomfort the books cause in us, and the value we might find in that discomfort. New participants are welcome. Limited seats.



**Homegoing** 📖 🎥

with Rebecca Starks

**Wednesday, October 2,  
4:30–6:00pm**

**Fee: FREE to Members**

In this online Banned Books Club, we will read and discuss the 2017 award-winning historical fiction novel *Homegoing* by Ghanaian-American author Yaa Gyasi. A panoramic portrait of the slave trade and its reverberations, the novel follows the descendants of one Ghanaian woman across multiple families over three centuries in both Ghana and the United States. We will discuss the reasons given for banning, any discomfort the books cause in us, and the value we might find in that discomfort. New participants are welcome. Limited seats.



**Sold** 📖 🎥

with Rebecca Starks

**Wednesday, November 6,  
4:30–6:00pm**

**Fee: FREE to Members**

In this online Banned Books Club, we will read and discuss the 2006 YA novel *Sold* by American journalist Patricia McCormick. A National Book Award finalist, it tells the story of a Nepalese girl who is sold into sexual slavery in India. We will discuss the reasons given for banning, any discomfort the books cause in us, and the value we might find in that discomfort. New participants are welcome. Limited seats.



Colored Pencil Drawing, Summer 2024

Photo: Andy Duback

**Realistic Colored Pencil Techniques** 👤

with Corinna Thurston

**Tuesdays, October 8–15, 1:30–4:00 pm**

**Fee: \$50**

Learn the techniques that renowned artist Corinna Thurston uses to create detailed, vibrant colored pencil drawings. First class is learning the different techniques for layering and textures and the second class teaches how to use colored pencil to draw directly on a wood surface! Held in Milton.

**Shelburne Museum Tour:  
Lorna McMaster—Stewarding a Seed  
Collection** 👤

with Shelburne Museum

**Tuesday, October 15, 10:30 am–noon**

**Fee: \$25**

Join us for this curator-led tour of contemporary artist Lorna McMaster at the Shelburne Museum. View portraits and landscapes in felted wool that call attention to the interdependence of pollinators like bees and birds, native plants and local communities. Walk to exhibit is 0.5 miles, but there is a shuttle available. Held in Shelburne.

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Lorna McMaster, *Drama Queen Popples*, 2022. Needle-felted Border Leicester X Shetland wool on cotton, 30 1/2 x 23 3/4 in.

Photo: Linda Sironen

**SPECIAL INTEREST GROUP**  
**Essential Poetry: Positive Aging, Tree Wisdom, and Writing for Health in the Golden Years** 📺 📺

with Mary Rose Dougherty

**Tuesday, October 15, 4-5 pm**

**Fee: FREE to members**

In this online class, we will reflect on the “golden years.” Amid the unique challenges of this time of life, as we pause to consider our past, how can we make this special stage of life a time that shines a positive light on this very moment and brings the shimmering glow of deep peace? We’ll lean on the poets Mary Oliver and Ross Gay, and poems about trees for guidance and reflection. Then, we’ll take a turn at writing in response to the poems, fusing and welding our discoveries to carry back what is valuable into our lives.

**Words on Tap: How to Love a Forest—An Evening with Ethan Tapper** 🗣️

with Ethan Tapper

**Wednesday, October 16, 4-5 pm**

**Fee: \$15**

What does it mean to love a forest? This is the question posed by Ethan Tapper, a forester and author from Vermont. Ethan will read from his recently published book—*How to Love a Forest*—and discuss what it means to care for our forests and other ecosystems at this moment in time. How do we respond to the harmful legacies of the past? How do we use our species’ incredible power to heal rather than to harm? How do we reach toward a better future? Held in Essex.

**Vigil: The Poetry of Presence—The Dying Teach Us How to Live** 🗣️

with Pamela H. MacPherson

**Thursday, October 17, 10:30 am-noon**

**Fee: \$25**

Holding Space and being Present are the threads that run through Pam’s poetry. She will read poems and share the stories around them, those of sitting at the bedside of the dying. Become better equipped to be present to those you love through Pam’s shared experiences. Signed books will be available for \$15.00. Held in Shelburne.

**From Earth to Earth: Natural Burial as a Final Act of Generosity** 📺 📺

with Michelle Acciavatti

**Monday, October 21, 5:30-7pm**

**Fee: \$20**

In this online program, delve into the topic: What is natural burial and why does it matter? By being intentional about how and where you are buried, you are embarking on an entirely new experience of deathcare: one that integrates the needs of mourners and the needs of our planet and one that is in sync with the cycles of grief and nature. In this presentation we will view a 20-minute documentary that features the first burial at Vermont Forest Cemetery and look in depth at the environmental and emotional benefits of natural burial for individuals and communities.

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Ethan Tapper—Forest Walk, Summer 2024

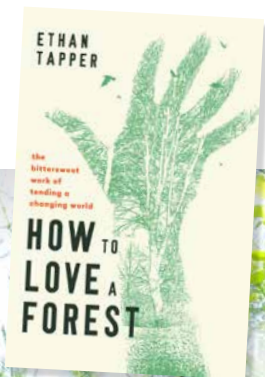


Photo: Andy Duback



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“I learned much more than I would have on my own.”

– OLLI Member

### The Future of the US Refugee Program

with Pablo Bose

Wednesday, October 23, 10:30–11:30 am

Fee: \$15

The US Refugee Program, a highly effective initiative that has resettled millions of refugees over five decades with bipartisan support, has over the past decade become the target of sustained criticism and faces an uncertain future. Despite great success in resettling Bhutanese, Congolese, Syrian, Afghan, and Ukrainian populations over recent years, the refugee program finds itself under attack over its outcomes and sustainability. In this presentation, Dr. Bose will discuss the challenges, opportunities and future of refugee resettlement in the US in the face of global pressures and domestic politics. Held in Shelburne.

### Cooking Demo: Thanksgiving Reimagined

with Liza Baker

Thursday, October 24, 10:30–11:30 am

Fee: \$20

Hosting Thanksgiving dinner for the masses (or just for a few)? Got picky eaters or dietary preferences to consider? It's time to rethink what's on the menu—and make it all land on the table at the same time! Join health coach and cookbook author Liza Baker for a Zoom session on Thanksgiving, new and improved.

### I Wish I Had Known: End of Life Options Vermonters Need To Know

with Michelle Acciavatti

Monday, October 28, 5:30–7pm

Fee: \$20

In this online program, Michelle Acciavatti, a death doula, home funeral guide and licensed funeral director, will address common mistakes people make in planning (or not planning) for end of life. She will explore how natural deathcare and natural burial can help alleviate some of the financial and emotional burdens that come with dying in Vermont.

### SPECIAL INTEREST GROUP

### Essential Poetry: William Butler Yeats

with Huck Gutman

Tuesday, November 5th, 5–6:30 pm

FREE to members

In this online, lecture-based program, explore the remarkable career of William Butler Yeats, one of the finest English language poets of the twentieth century, through his poems on love, Irish identity, politics, and the essence of poetry. Examine key works that define our historical and personal journeys.

### Birds of the Missisquoi National Wildlife Refuge

with Julie Filiberti

Thursday, November 7, 10:30–11:30 am

Fee: \$15

In this online program, learn about the Missisquoi National Wildlife Refuge, which was established as a protected area for migrating waterfowl. This program will focus on some of the birds that can be found breeding in and migrating through the Missisquoi National Wildlife Refuge.

### Beginning Yoga

with Amanda McIntire

Fee: \$40

SESSION 1:

Wednesdays, September 4–25, 5:30–6:30 pm

SESSION 2:

Wednesdays, October 2–23, 5:30–6:30 pm

SESSION 3:

Mondays, October 7–28, 5–6 pm

SESSION 4:

Wednesdays, November 6–27, 5:30–6:30 pm

In this four-week, introductory class, learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation. Required equipment: yoga or exercise mat and yoga blocks are encouraged.



# CAMPUS **OLLI** membership

OLLI at UVM, one of 125 OLLIs at colleges and universities nationwide, is a cooperative learning community supported by the contributions and participation of our members.

Spanning 7 locations across the state of Vermont, OLLI members are part of a vibrant and dynamic community of lifelong learners who enjoy exploring new ideas, enhancing their creativity, and sharing a passion with others through in-person and online programs.

If you would like to participate in an OLLI program in the greater Burlington area, become a **CAMPUS OLLI MEMBER** today!

## How do I Become a Campus OLLI Member?

Become a campus member when you pay a semester-based membership fee at the same time you register for your campus classes. Additional fees for classes apply.

## Campus OLLI Member Benefits include:

- Access to a wide array of OLLI courses, events, and programs
- Access to two **NEW** in-person programs!
  - **Green Mountain Growers** Series
  - **In the Lab—Spotlight on UVM Research** Series
- Access to **FREE** Special Interest **Groups (SIGs\*)**
  - **Banned Book Club SIG** (online)
  - **Essential Poetry SIG** (online)
  - **How Art Happens SIG** (online)
- Rewarding volunteer opportunities
- Access to OLLI's monthly community e-newsletter
- Access to discounted tickets to UVM Lane Series performing arts events
- Priority registration for all OLLI educational travel opportunities
- Access to UVM Library Benefits\*\*

*\*SIGs – Discussion or activity groups that are free to all OLLI campus members. They help to foster fellowship by allowing members to engage with others who share a common interest.*

*\*\*See [learn.uvm.edu/olli](http://learn.uvm.edu/olli) for more information*

**FALL MEMBERSHIP**

**\$15** | **\$12** for UVM faculty/staff/alumni or AARP members

Photo: Andy Duback



Catamount Community Forest Bird Walk, Summer 2024

**REGISTER TODAY! [learn.uvm.edu/olli](http://learn.uvm.edu/olli) OR CALL 802.656.8407**

# CAMPUS OLLI ▶

“This class continues to inspire personal growth while also embracing the broader benefits of being in a class with others!”

– OLLI Member

Ethan Tapper—Forest Walk, Summer 2024



Photo: Andy Duback

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