Montreal Excursion: Atwater Market & The Georgia O’Keeffe & Henry Moore “Giants of Modern Art” Exhibit ✨
with Patsy Jamieson
Tuesday, May 21, 9 am–6 pm
Fee: $80

Indulge in a brief visit and lunch on your own at the Atwater Market. Enjoy a private Musée des Beaux Arts tour, which brings together Modern art icons Georgia O’Keeffe and Henry Moore to explore their mutual love for nature. Recreated studios highlight their shared collections of found objects, while sections delve into their fascination with bones and stones, showcasing their unique interpretations. Coach transportation provided. Park at UVM Gutterson Garage and meet in front of Patrick Gymnasium.

Classics of the Foreign Film: The Seventh Seal ✨
with Rick Winston and Barry Snyder
Wednesday, June 5, 10:30 am–1 pm
Fee: $15

Join film historians Rick Winston and Barry Snyder for a screening and discussion of Ingmar Bergman’s 1957 The Seventh Seal, a hallmark of art house cinema. The film follows a disillusioned knight pursued by Death through plague-ravished Europe; it is renowned for its stark imagery, symbolism, and gallows humor. Discussion will delve into the film’s creation, Bergman’s legacy, its impact on the art house movement in the U.S., and changes in American cinema it inspired. Light refreshments provided. Held in Burlington.
Beginning Yoga, Session 1  ■  ■  ■  
with Amanda McIntire
Wednesdays, June 5–26, 5:30–6:30 pm
Fee: $40
In this online, introductory class, learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation. Required equipment: Yoga or exercise mat. Yoga blocks are encouraged. This session will be recorded.

SPECIAL INTEREST GROUP!
Forbidden Pages: Banned Books Club  ■  ■  ■  
with Rebecca Starks
Wednesday, June 5, 4:30–6:00 pm
Fee: FREE to members
In this online program, we will read and discuss another frequently banned book: *The Kite Runner* by Khaled Hosseini. We will discuss the reasons given for banning, any discomfort the book causes in us, and the value we might find in that discomfort. New participants are welcome. Limited seats.

Catamount Community Forest Bird Walk  ■  ■  ■  
with Julie Filiberti
Thursday, June 6, 9–10:30 am
Fee: $15
Participants will have a chance to observe, identify, and learn about some local birds on this easy slow-paced walk at the Catamount Community Forest. Walk will be one mile round-trip on some uneven terrain. Held in Williston.

Katharine Montstream Studio Visit  ■  ■  ■  
with Katharine Montstream
Wednesday, June 12, 10:30–11:30 am
Fee: $20
Enjoy this intimate view of Katharine’s work—how it all started and what’s around the corner. Learn about her experience as a Vermont artist. Discover Katharine’s other passion with the ‘Red Hot Chilly Dippers,’ a community that regularly dips into the icy waters of Lake Champlain, releasing endorphins, adrenaline, and joy! Held at the Soda Plant in Burlington.

Forest Walk: Managing Forests for Wood, Water, Wildlife, and Climate Change  ■  ■  ■  
with Ethan Tapper
Thursday, June 13, 10:30 am–noon
Fee: $15
Join Ethan Tapper, the Chittenden County Forester and author of “H ow to Love a Forest,” for a walk through an area of the Hinesburg Town Forest managed from 2018 to 2020. Ethan will discuss forest management for various objectives, including resilience, adaptability, wildlife habitat, and the preservation of “old growth characteristics.” Held in Hinesburg.

Compassionate Endings: The Role of an End of Life Doula  ■  ■  ■  
with Frances Pope
Tuesday, June 18, 1:30–2:30 pm
Fee: $15
In this online program, understand the essential functions of an End of Life Doula and how these services may benefit anyone interested in end-of-life planning. Discuss the unique roles End of Life Doulas may offer in ensuring people live and die well.

Shelburne Museum Exhibit: New England Now: Strange States  ■  ■  ■  
with Carolyn Bauer
Thursday, June 20, 10–11:30 am
Fee: $25
From Nathaniel Hawthorne to Stephen King, the depths of the psyche and the surreal have long fascinated New England artists. Twelve multidisciplinary artists from the region tap into a rich tapestry of mediums and techniques to create their perceptions of the ethereal grounded in topics of mythology, environmentalism, the ideals of beauty, transformation, and gender and cultural identity. Come for a private gallery tour from the Curator Carolyn Bauer. Held in Shelburne.
Shelburne Farms: Sun to Cheese Tour
with Shelburne Farms Guide
Thursday, June 20, 2–4 pm
Fee: $25

Where does the story begin with our delicious farmstead cheddar cheese? Come join us on a behind-the-scenes tour to discover the art and science of cheesemaking. Watch the cheesemakers in our Farm Barn cheesemaking facility turn our raw milk into cheddar cheese. At a private cheese tasting, taste the favors of the farm in a guided sampling of our cheddar. Then, visit the dairy, meet the cows that make the milk, and find out how we care for our landscape, pastures, and Brown Swiss herd. Held in Shelburne.

Natural Burial: Choosing To Sustain The Future
with Michelle Acciavatti
Monday, July 8, 5:30–7 pm
Fee: $15

In this online presentation, through personal experiences and insights, Michelle illuminates the essence of natural burial and offers practical planning tips. Natural burial, a conservation-focused approach to laying loved ones to rest, offers a unique blend of sustainability, community, and legacy crafting. Michelle Acciavatti, a pioneer in Vermont’s natural burial movement since 2016, founded Vermont Forest Cemetery in 2023. It’s the state’s first dedicated natural burial ground, intertwining burial, conservation, art, learning, and community. Her holistic approach fosters a deep connection to the land and fulfills our mourning needs.

Bound and Covered: A Visual Exploration of Book Bans Throughout History
with Oceana Wilson
Tuesday, July 9, 10:30–11:30 am
Fee: $15

This online presentation will share a visual history of book banning and censorship, as well as the fight against these attempts and for the Freedom to Read in contemporary times.

Beginning Yoga, Session 2
with Amanda McIntire
Wednesdays, July 10-31, 5:30–6:30 pm
Fee: $40

In this online, introductory class, learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation. Required equipment: Yoga or exercise mat. Yoga blocks are encouraged. This session will be recorded.

REGISTER TODAY! learn.uvm.edu/olli OR CALL 802.656.8407
Labyrinth Walking for Peace and Clarity

with Rev. Don Chatfield

Thursday, July 11, 10:30 am–noon
Fee: $20

Explore the practice of labyrinth walking for meditation and prayer. Experience the woodland labyrinth at All Souls Interfaith Gathering, along with the Nature Path, Sacred Earth Walk, and interfaith sanctuary. Rev. Don Chatfield will provide an overview of the history of labyrinths and lead you through a meditative experience in nature. Held in Shelburne.

Walking Tour: Mill Power Sites at Winooski Falls

with Heritage Winooski Mill Museum

Tuesday, July 16, 11 am–noon
Fee: $20

Learn about Winooski's industrial past through a guided walking tour along the river front. Points of interest will include water power features, mill architecture, and other remnants from Winooski's mill manufacturing days. Take a look at the modern Winooski One hydro plant and fish elevator. This walking tour follows paved walkways and a rough gravel path. Good walking shoes recommended. Held in Winooski.

Green Mountain Growers:
Killeen Crossroads Farm

with Breana Killeen and Marissa Pappalardo

Wednesday, July 17, 10:30 am–noon
Fee: $20

Explore how a Chef and a Professor became farmers as they share their journey. Dive into their regenerative farming practices, which rejuvenate soil health through the integration of animals, organic inputs, and natural pest management. Discover their efforts in diversifying Vermont's crops with an array of Asian vegetables. Round off your experience with a visit to their onsite vegetable stand. You might come away with a newfound appreciation for those "nuisance weeds"! Held in Shelburne.

Trapp Family Lodge History Tour

with Trapp Family Lodge

Thursday, July 18, 11:00 am–12:30 pm
Fee: $30

Gain insight to the truths and imagined story lines in the Sound of Music and get an in-depth look at how the von Trapps escaped Austria and ended up here in beautiful Stowe, Vermont. Watch a 20-minute documentary about Maria's last trip to Salzburg and if you are lucky, you may even get to meet a family member and hear what their experience was like growing up with Maria. Held in Stowe.

Summer Medicinal Herb Walk

with Katherine Elmer

Friday, July 19, 10:30 am–noon
Fee: $15

Join community herbalist Katherine Elmer of Spoonful Herbs to meet common medicinal plants growing in backyards and urban spaces on a walk at the UVM campus. Plant identification and safe harvesting of plants from urban areas will also be discussed. You might come away with a newfound appreciation for those "nuisance weeds"! Held on UVM campus.

Green Mountain Growers:
Farm Craft VT Seed-to-Soap Tour

with Farm Craft VT

Wednesday, July 24, 10:30 am–noon
Fee: $20

Embark on this private tour and sensory experience at the Farm Craft Vermont. Explore the shop, six beehives, the herb garden, the sunflower crop, and the drying room. Finish up in the farm lab where they process raw materials into herb teas, soaps, lotions, and other botanical products. Discover their production process, from seed to soap, with opportunities to smell the herbs, taste the honey, and experience the aroma of the soaps along the way. The farm has gravel and mulch paths with gentle slopes. The total distance walked is about 1,500 feet. Held in Shelburne.

Thea Alvin: My Earthwork Sculpture Park Tour

with Thea Alvin

Thursday, July 25, 10:30 am–noon
Fee: $20

Experience this guided tour of Thea Alvin's sculpture park and gardens, featuring a demonstration of simple arch building. Bring your own lunch or drawing materials to enjoy on the grounds or at the picnic tables at your leisure. Standing or walking on uneven terrain. Resting spots available. Steps are required for accessing the bathroom. Held in Morrisville.

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Provide own transportation to all in-person classes.

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Spanning 7 locations across the state of Vermont, OLLI members are part of a vibrant and dynamic community of lifelong learners who enjoy exploring new ideas, enhancing their creativity, and sharing a passion with others through in-person and online programs.

If you would like to participate in an OLLI program in the greater Burlington area, become a Campus OLLI Member today!

How do I Become a Campus OLLI Member?

Become a campus member when you pay a semester-based membership fee at the same time you register for your campus classes. Additional fees for classes apply.

Campus OLLI Member Benefits include:

- Access to a wide array of OLLI courses, events, and programs
- Access to FREE Special Interest Groups (SIGs*)
  - Banned Book Club SIG
    (online, see inside left panel)
  - Essential Poetry SIG
    (online, see inside center)
  - How Art Happens SIG
    (online, see inside center)
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*SIGs – Discussion or activity groups that are free to all OLLI campus members. They help to foster fellowship by allowing members to engage with others who share a common interest.

**See learn.uvm.edu/olli for more information

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