



OSHER LIFELONG LEARNING INSTITUTE  
OF THE UNIVERSITY OF VERMONT

seek. learn.  
discover. grow.



ALL COURSES  
& EVENTS  
**THIS SPRING**  
WILL BE HELD  
**ONLINE**

Photo: Colin Hudson

**Reading Workshop:  
Supreme Court Matters—  
Past, Present, and Future**

with Rebecca Starks

Mondays, January 4–25, 4–5:30 pm

Member: \$60 | Non-Member: \$90

**Beginning Yoga I, Session 1**

with Amanda McIntire

Wednesdays, January 6–27, 5:30–6:30 pm

Member: \$40 | Non-Member: \$60

**Staying Healthy with the  
Seasons**

with Ann Ramsay

Thursdays, January 21 & 28, 5:30–7 pm

Member: \$30 | Non-Member: \$45

**Beginner Ukulele—Level 1,  
Session 1**

with Clare Innes

Mondays, January 25–February 15,

6:30–7:30 pm

Member: \$40 | Non-Member: \$60

**African American Artists**

with Smithsonian American Art Museum

Thursday, January 28, 1–2:30 pm

Member: \$15 | Non-Member: \$25

**Reading & Writing Workshop:  
Very Short Stories**

with Rebecca Starks

Mondays, February 1–22, 4–5:30 pm

Member: \$60 | Non-Member: \$90

“Wonderful selection of classes, particularly during this pandemic. OLLI has done a fine job of adapting to the digital format.”

– OLLI Member

**Beginning Yoga I, Session 2**

with Amanda McIntire

Wednesdays, February 3–24, 5:30–6:30 pm

Member: \$40 | Non-Member: \$60

**Latino Art and Culture**

with Smithsonian American Art Museum

Thursday, February 4, 1–2:30 pm

Member: \$15 | Non-Member: \$25

**Rethinking Sugar**

with Dr. Andrea Grayson

Thursday, February 4, 5:30–7 pm

Member: \$15 | Non-Member: \$25

**Drawing for the Terrified,  
Session 1**

with Michael Strauss

Saturdays, February 6–27, 10 am–noon

Member: \$60 | Non-Member: \$90

**Nation to Nation: Treaties  
Between the US & American  
Indian Nations**

with Smithsonian National Museum of the American Indian

Thursday, February 11, 2:30–3:30 pm

Member: **FREE** | Non-Member: **FREE**

**A Letter From Jail: Martin L.  
King, Jr. & the Failure of Social  
Justice in America**

with Christopher Ulloa Chaves

Thursday, February 11, 6–7:30 pm

Member: \$15 | Non-Member: \$25

**Neapolitan Pizza: Origins,  
Culture and Baking Techniques**

with Anna Mays

Friday, February 12, noon–1:30 pm

Member: \$15 | Non-Member: \$25

**The Great Inka Road:  
Engineering an Empire**

with Smithsonian National Museum of the American Indian

Thursday, February 18, 2:30–3:30 pm

Member: \$15 | Non-Member: \$25

**Mindful Organizing**

with Suzanne Lourie

Monday, February 22, 1–2:30 pm

Member: \$15 | Non-Member: \$25

**Women March**

with New York Historical Society

Tuesday, February 23, 12:30–1:30 pm

Member: \$15 | Non-Member: \$25

**Birding Hotspots of Vermont**

with Maeve Kim

Thursday, February 25, 5:30–7 pm

Member: \$15 | Non-Member: \$25

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classes  
travel  
lectures  
discussions  
active learning

of The University of Vermont

sign up now!



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### Lincoln & New York: The City That Made Him President

with *New York Historical Society*  
Tuesday, March 2, 12:30–1:30 pm  
Member: \$15 | Non-Member: \$25

### Beginning Yoga I, Session 3

with *Amanda McIntire*  
Wednesdays, March 3–24, 5:30–6:30 pm  
Member: \$40 | Non-Member: \$60

### Drawing for the Terrified, Session 2

with *Michael Strauss*  
Saturdays, March 6–27, 10 am–noon  
Member: \$60 | Non-Member: \$90

### Writing Workshop: Four Poems

with *Rebecca Starks*  
Mondays, March 8–29, 4–6 pm  
Member: \$80 | Non-Member: \$120

### Beginner Ukulele Level 2, Session 1

with *Clare Innes*  
Mondays, March 8–29, 6:30–7:30 pm  
Member: \$40 | Non-Member: \$60

### Writing a Legacy Letter

with *Jay Sherwin*  
Mondays, March 9 & 16, 1:30–3 pm  
Member: \$30 | Non-Member: \$45

### History of Burlington, Vermont—An Interactive Virtual Tour

with *Gary De Carolis*  
Thursday, March 11, 1–2:30 pm  
Member: \$15 | Non-Member: \$25

### An Introduction to Irish Food History

with *Richard Witting*  
Thursday, March 11, 5:30–7 pm  
Member: \$15 | Non-Member: \$25

### Practicing Truth, Beauty, and Goodness in the Real World

with *Christopher Ulloa Chaves*  
Thursday, March 18, 6–7:30 pm  
Member: \$15 | Non-Member: \$25

### Sustainable Kitchen: Plant-based Eating as a Response to Climate Change

with *Heather Wolfe*  
Tuesday, March 23, 12:30–1:30 pm  
Member: \$10 | Non-Member: \$15

### Birds of Vermont's Forests and Mountains

with *Maeve Kim*  
Thursday, March 25, 5:30–7 pm  
Member: \$15 | Non-Member: \$25

### Beginner Ukulele—Level 1, Session 2

with *Clare Innes*  
Mondays, April 5–26, 6:30–7:30 pm  
Member: \$40 | Non-Member: \$60

### Four of America's Greatest Poets: Two Different Approaches to Reality

with *Huck Gutman*  
Tuesdays, April 6–27, 11 am–12:30 pm  
Member: \$40 | Non-Member: \$60

### Beginning Yoga I, Session 4

with *Amanda McIntire*  
Wednesdays, April 7–28, 5:30–6:30 pm  
Member: \$40 | Non-Member: \$60

### Stress Relief & Guided Meditation

with *Katherine Robinson*  
Thursdays, April 8–29, 6–7 pm  
Member: \$40 | Non-Member: \$60

### Beginner Ukulele—Level 2, Session 2

with *Clare Innes*  
Mondays, May 3–24, 6:30–7:30 pm  
Member: \$40 | Non-Member: \$60

### Beginning Yoga I, Session 5

with *Amanda McIntire*  
Wednesdays, May 5–26, 5:30–6:30 pm  
Member: \$40 | Non-Member: \$60

### Befriending Yourself

with *Katherine Robinson*  
Saturdays, May 8 & 15, 10–11:30 am  
Member: \$30 | Non-Member: \$45

sign up now!

Osher Lifelong Learning Institute of The University of Vermont | University of Vermont—Continuing and Distance Education



## OLLI AT UVM DISTINGUISHED SPEAKER SERIES

Join us this Spring for lively and informative **ONLINE** presentations on historical, timely, and relevant topics.

- **The Climate Crisis: Where Do We Stand?**  
with *Bill McKibben*  
Wednesday, January 27, 1–2:30 pm
- **The Abenaki World: Animacy, Identity, and Personhood**  
with *Melody Walker*  
Wednesday, February 10, 1–2:30 pm
- **The Happiest People**  
with *Dr. Jonathan Biggane*  
Wednesday, February 24, 1–2:30 pm
- **Racial Disparities in VT: From Real Data to Radical Empathy**  
with *Dr. Stephanie Seguino*  
Wednesday, March 10, 1–2:30 pm
- **Current Controversies in Public Health & Public Health Policy**  
with *Dr. Jan Carney*  
Wednesday, March 24, 1–2:30 pm
- **Two Decades of Vladimir Putin's Kremlin Rule, 2000–2020: An Assessment and Analysis of What is To Come—2020–2036**  
with *Dr. Kevin McKenna*  
Wednesday, April 7, 1–2:30 pm
- **Paris 1914**  
with *Merz Trio*  
Wednesday, April 21, 1–2:30 pm

**Save over 50%** when you sign up for all seven lectures!  
All Seven Lectures: \$30 | Individual Lectures: \$10

FOR COURSE DESCRIPTIONS AND REGISTRATION INFORMATION, GO TO:  
**learn.uvm.edu/olli**  
NOT A MEMBER? PLEASE CALL **802.656.5817**