

OLLI

OSHER LIFELONG LEARNING INSTITUTE
OF THE UNIVERSITY OF VERMONT

seek. learn.
discover. grow.



Italy trip, Spring 2017

Morning Meditation: Don't Just Do Something, Sit There!

with Katherine Robinson

Saturdays, September 4–25, 10:30 am–noon ET

Member: \$60 | Non-Member: \$90

Connect with yourself on a deeper level, stimulate your brain and learn how to tame the monkey mind through a variety of meditative, mindfulness and breathing techniques. Explore the benefits of meditation and create a practice that fits your lifestyle.

Russian History Through the Eyes of the Artist – 1

with James West

Tuesdays, September 7–28, 10:30 am–noon ET

Member: \$60 | Non-Member: \$90

We will use Russian art and music to narrate the events of Russian History, based around weekly (independent) readings (30–40 pp/week) of the text, *Natasha's Dance*, by Orlando Figes. Active discussion of the music and art will be encouraged. *Natasha's Dance* will continue to be the focus of a second course in October. Participants are invited to sign up for both courses. No prior background is required for those wishing to take only the October course.

Beginning Yoga I, Session 1

with Amanda McIntire

Wednesdays, September 8–29, 5:30–6:30 pm ET

Member: \$40 | Non-Member: \$60

Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Use of yoga mat recommended.

Germany 2021: Understanding the Latest Developments

with Anette Isaacs

Wednesday, September 15, 11 am–noon ET

Member: \$15 | Non-Member: \$25

Join German political scientist, Anette Isaacs, for a fascinating discussion of the latest developments in her home country. We will focus on the impending elections that will determine a successor to chancellor Angela Merkel.

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classes
travel
lectures
discussions
active learning

COURSE KEY: ONLINE IN-PERSON

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Vermont Yards That Sing, Buzz, And Bloom! – Creating Your Own Backyard Habitat 🏠

with Maeve Kim

Thursday, September 16, 5:30–6:30 pm ET

Member: \$15 | Non-Member: \$25

Learn how to make your outdoor surroundings into an important part of a healthy and diverse Vermont ecosystem.

Field Excursion: Exploring Vermont's Backyard Habitats 👤👤

with Maeve Kim

Saturday, September 18, 10 am–noon ET

Member: \$20 | Non-Member: \$35

Visit a diversity-rich backyard habitat in Jericho, and learn how to make your yard full of bird songs. Provide own transportation, park and meet at the Community Center in Jericho, 329 Browns Trace Road, Jericho.

Shelburne Museum Exhibit: New England Now: People 👤👤

with Carolyn Bauer

Wednesday, September 29, 10–11:30 am ET

Member: \$15 | Non-Member: \$25

Receive a personal, intimate gallery tour and conversation with Carolyn Bauer, Associate Curator. Learn about the ten talented participating artists and their diverse works of art, and hear behind-the-scenes details about the three-year development and evolution of this exciting exhibition and biennial series. Grab 'n go lunches available for purchase in on-site café. Provide own transportation to the Shelburne Museum, 6000 Shelburne Road, Shelburne.

Heritage Winooski Mill Museum: Child Labor Then and Now 👤👤

with Miriam Block

Thursday, September 30, 11 am–noon ET

Member: \$15 | Non-Member: \$25

Join us at the Heritage Winooski Mill Museum and focus on Lewis Hine photos of children working at the textile mills in Winooski and other parts of Vermont in 1909. Learn about the dangers of child labor in mills and how the National Child Labor Committee campaigned to make working environments safer. Examine how child labor is still a global issue today. Provide own transportation to the Heritage Winooski Mill Museum, main entrance facing 20 Winooski Falls Way. For wheelchair accessible entry, please call ahead, (802) 453-5830, to make arrangements.

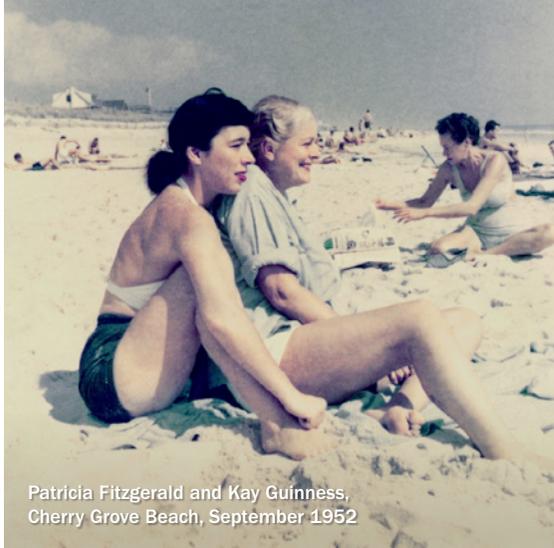


Photo: Cherry Grove Archives Collection, Gift of Gay Nathan and Julie Paradise

Patricia Fitzgerald and Kay Guinness, Cherry Grove Beach, September 1952

Historic Walking Tour of UVM 👤👤

with William Avery

Saturday, October 2, 10:30 am–noon ET

Member: \$15 | Non-Member: \$25

This walking tour of the historic center of the UVM campus covers the fascinating people, architecture, and events from pre-Revolutionary times to the present. The tour will be given rain or shine and is approximately a 1 mile walking distance. Meet at the Ira Allen statue on the UVM Green.

Beginner Ukulele – Level 1 🏠

with Clare Innes

Mondays, October 4–25, 5:30–6:30 pm ET

Member: \$40 | Non-Member: \$60

Enjoy learning chords, strums, and techniques to begin your ukulele journey and gain confidence playing with others. No uke? No worries! Ukuleles available at your local music shops. This class is designed for ukuleles in the common high-G (“re-entrant”) tuning.

Cover Story: Katharine Graham, CEO 🏠

with New York Historical Society

Tuesday, October 5, 10:30–11:30 am ET

Member: \$15 | Non-Member: \$25

Curator Jeanne Gutierrez discusses the current exhibition and delves into a transformative period in Katharine Graham’s life, as her devotion to the Post helped her evolve from a self-effacing widow into a decisive media executive.

Beginning Yoga I, Session 2 🏠

with Amanda McIntire

Wednesdays, October 6–27, 5:30–6:30 pm ET

Member: \$40 | Non-Member: \$60

Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Use of yoga mat recommended.

COURSE KEY: 🏠 ONLINE 👤👤 IN-PERSON

see more classes ▶

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Safe/Haven: Gay Life in 1950s Cherry Grove

with *New York Historical Society*

Thursday, October 7, 10:30–11:30 am ET

Member: \$15 | Non-Member: \$25

This docent-led virtual presentation explores the gay and lesbian community that flourished during the 1950s in Cherry Grove, New York through photographs and additional ephemera from the unique holdings of the Cherry Grove Archives Collection.

Drawing and Painting du Jour

with *Michael Strauss*

Saturdays, October 9–30, 10 am–noon ET

Member: \$60 | Non-Member: \$90

Enjoy this mix of short films about art and art making, museum visits (online) with a focus on well known historically important and contemporary artists, followed by open studio art making (drawing and/or painting), demonstrations, sharing work, critiques and discussion. No drawing or painting experience required. See OLLI Fall course web listing for materials list.

Russian History Through the Eyes of the Artist – 2

with *James West*

Tuesdays, October 12–November 2, 10:30 am–noon ET

Member: \$60 | Non-Member: \$90

We will use Russian art and music to narrate the events of Russian History, based around weekly (independent) readings (30–40 pp/week) of the text, *Natasha's Dance*, by Orlando Figes. Active discussion of the music and art will be encouraged. This session is a continuation of a September series on Russian History. There is no pre-requisite for participation in this course, since subjects will be treated differently from those discussed in September.

Rokeby Museum: Dual Exhibit Tour & Talk

With *Lindsay Varner, Museum Director and Education Manager Tucker Foltz*

Tuesday, October 12, 1–2:30 pm ET

Member: \$15 | Non-Member: \$25

Participants will tour Rokeby Museum's award-winning exhibit *Free & Safe: The Underground Railroad in Vermont* and the seasonal exhibit, *A Modern Artist: The Commercial Art of Rachael Robinson Elmer*. Provide own transportation to Rokeby Museum, 4334 Route 7, Ferrisburgh.

Opening the Vaults at the Fleming Museum

with *Alice Boone*

Saturday, October 16, 12:30–2 pm ET

Member: \$15 | Non-Member: \$25

Class participants will be able to request to see objects from the Fleming Museum's storage (see OLLI Fall course web listing for link to Fleming's collection) that are rarely seen in galleries and learn more about them in an up close and personal encounter with the artworks in the Fleming's fall public teaching gallery, 61 Colchester Avenue, Burlington.

“Look at the list of classes. Allow yourself to be drawn to a subject outside of your regular interests... pay attention to the subject matter that sends a little electric impulse to your brain and choose that class.”

– OLLI Member

Darkness Falls Tour – Burlington's Historic Haunts

with *Thea Lewis*

Tuesday, October 19, 11 am–noon ET

Member: \$20 | Non-Member: \$35

History and hauntings combine for a unique adventure, when you tour with Vermont author and historian Thea Lewis, creator of Queen City Ghostwalk. Meet at the Democracy sculpture, Courthouse Plaza, 199 Main Street, Burlington. Must register by Monday, October 19. Rain date: October 25.

Reading Workshop: The Short Story and American Identity

with *Robert Weibezahl*

Thursdays, October 21–November 11, 2:30–4 pm ET

Member: \$60 | Non-Member: \$90

In this interactive literary seminar, explore American themes through the reading and discussion of classic and lesser-known short stories spanning our country's two hundred year history. Required text: Second Edition of *The Oxford Book of American Short Stories*. ISBN: 978-0-19-974439-8.

sign up now!

COURSE KEY:  ONLINE  IN-PERSON

see more classes ►

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Origins of Capitalism

with Robert Hajdu

Tuesday, October 26, 5:30–7 pm ET

Member: \$15 | Non-Member: \$25

Investigate the economic and social conditions in Western Europe during the 15th and 16th centuries that account for the emergence of capitalism.

Beginning Yoga I, Session 3

with Amanda McIntire

Wednesdays, November 3–24, 5:30–6:30 pm ET

Member: \$40 | Non-Member: \$60

Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Use of yoga mat recommended.

Cooking for One (or Two)

with Patsy Jamieson

Thursday, November 4, 5:30–6:30 pm ET

Member: \$20 | Non-Member: \$35

Learn to make easy, delicious recipes that serve one or two, such as harissa-glazed chicken with butternut squash and a 5 minute French style omelet. The class will also provide tips for smart shopping to reduce waste when you are cooking for a small household.

Beyond the Surface: Cultivating Meaningful Connections

with Katherine Robinson

Saturdays, November 6 & 13, 10:30 am–noon ET

Member: \$30 | Non-Member: \$45

Connection is what we are wired for and is considered one of the many important and rewarding parts of being human. In this course, we will explore the benefits of connecting with others, the early conditioning that can work against us and the steps needed to create meaningful connection.

sign up now!

Justice Ruth Bader Ginsburg: More Than Just A Liberal Justice

with Greg Ferro

Wednesday, November 17, 1–2:30 pm ET

Member: \$15 | Non-Member: \$25

When you hear the name Ruth Bader Ginsburg, you may only think of her as a liberal justice. In this introductory overview of Justice Ginsburg, we will explore some of her life experiences, offices held, and most notable court decisions and dissents in which she was involved.

Saint Nicholas and Speculaas: History and Baking Demo

with Anna Mays

Wednesday, December 1, 11 am–noon ET

Member: \$20 | Non-Member: \$35

Learn about the history, legends and traditions of Saint Nicholas Day, celebrated throughout Europe on December 6. The class will include a baking demo of the spiced shortcrust biscuit *Speculaas*, traditionally baked for Saint Nicholas Day in the Netherlands, Belgium and Luxembourg.

OM for the Holidays: A Journey into Meditation & Mindfulness

with Katherine Robinson

Thursdays, December 2, 9, & 16, 5–6:15 pm ET

Member: \$40 | Non-Member: \$60

December can be stressful — shopping, cooking, out-of-town guests, parties, expectations. So go “OM For the Holidays!” Share deep breaths, mantras, seated qigong practices and more than a few OMs.

COURSE KEY:  ONLINE  IN-PERSON



Shoshana Zuboff

2021 GEORGE D. AIKEN VIRTUAL LECTURE

Our Digital Democracy in the Age of Surveillance Capitalism An Evening with Shoshana Zuboff

Thursday, October 14, 2021, 5–6 pm | FREE

For more information and/or to RSVP: go.uvm.edu/aiken21

Join us for a virtual conversation with scholar, author and activist Shoshana Zuboff. She warns that surveillance capitalism, a term Zuboff developed, is undermining our personal rights and threatening democracy. Learn how Zuboff wants us to imagine a digital future where our personal information is back under our control.

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Become a member of **OLLI** at UVM and...

You will have the opportunity to experience educational and cultural opportunities offered through OLLI and other partnership programs and events.

You become part of a community of people with new and different or shared interests, who all embrace similar ideas about themselves and share the value in life-long education.

Explore new as well as familiar fields of interest and to explore all of these things in an environment suited to an adult learner.

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join now!

You Will Receive:

- University-quality learning experiences in your community
- Intellectually stimulating courses
- Opportunities to share a passion or long-standing interest with others
- A forum for friendship and socializing
- Preferential seating at select premiere UVM lectures and events
- Opportunities to participate on volunteer committees

Benefits of Membership:

- Up to 50% discount on OLLI courses
- OLLI e-newsletters and updates on lectures, activities, courses and events of interest
- Discounted tickets to UVM Lane Series performing arts events
- Priority registration for all OLLI educational travel opportunities

NEW SEMESTER-BASED MEMBERSHIP:

FALL: \$12

(\$10 for UVM faculty/staff/alumni or AARP members)

SPRING: \$12

(\$10 for UVM faculty/staff/alumni or AARP members)

SUMMER: \$10

(\$8 for UVM faculty/staff/alumni or AARP members)

OLLI AT UVM ONLINE DISTINGUISHED SPEAKER SERIES

Join us this Fall for lively and informative **ONLINE** presentations on historical, timely, and relevant topics. **Wednesdays 1-2 pm ET** as listed below.

- **Climate Change and Agriculture in Vermont**
with Joshua Faulkner
October 13
- **Promoting Food Access and Food Justice in the Fight Against Hunger**
with Hannah Harrington
November 3
- **Cult and Conspiracy**
with Richard Hoskin
October 20
- **I Wonder As I Wander: Poems Addressing Home (as Geographical and Internal Landscape)**
with Reuben Jackson
November 10
- **Transforming Central Park**
with Sara Cedar Miller
October 27

Save over 50% when you sign up for all 5 lectures!

All Five Lectures: \$25 | Individual Lectures: \$10

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OLLI VOLUNTEER & TEACHING OPPORTUNITIES:

Become an active OLLI member by sharing your talents, interests, and ideas as a member-volunteer. An actively involved membership ensures interesting and diverse classes as well as keeping OLLI fees affordable. Join the Programming or Membership committee! Or maybe teach for OLLI? Don't have time for a committee? Be a classroom ambassador. Or help with fundraising and special events.



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discussions · active learning

OSHER LIFELONG LEARNING INSTITUTE OF THE UNIVERSITY OF VERMONT

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