Morning Meditation: Don’t Just Do Something, Sit There!  with Katherine Robinson  
Saturdays, September 4–25, 10:30 am–noon ET  
Member: $60 | Non-Member: $90  
Connect with yourself on a deeper level, stimulate your brain and learn how to tame the monkey mind through a variety of meditative, mindfulness and breathing techniques. Explore the benefits of meditation and create a practice that fits your lifestyle.

Russian History Through the Eyes of the Artist — 1  with James West  
Tuesdays, September 7–28, 10:30 am–noon ET  
Member: $60 | Non-Member: $90  
We will use Russian art and music to narrate the events of Russian History, based around weekly (independent) readings (30–40 pp/week) of the text, Natasha’s Dance, by Orlando Figes. Active discussion of the music and art will be encouraged. Natasha’s Dance will continue to be the focus of a second course in October. Participants are invited to sign up for both courses. No prior background is required for those wishing to take only the October course.

Beginning Yoga I, Session 1  with Amanda McIntire  
Wednesdays, September 8–29, 5:30–6:30 pm ET  
Member: $40 | Non-Member: $60  
Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Use of yoga mat recommended.

Germany 2021: Understanding the Latest Developments  with Anette Isaacs  
Wednesday, September 15, 11 am–noon ET  
Member: $15 | Non-Member: $25  
Join German political scientist, Anette Isaacs, for a fascinating discussion of the latest developments in her home country. We will focus on the impending elections that will determine a successor to chancellor Angela Merkel.
Vermont Yards That Sing, Buzz, And Bloom! — Creating Your Own Backyard Habitat  
with Maeve Kim  
Thursday, September 16, 5:30–6:30 pm ET  
Member: $15 | Non-Member: $25  
Learn how to make your outdoor surroundings into an important part of a healthy and diverse Vermont ecosystem.

Field Excursion: Exploring Vermont’s Backyard Habitats  
with Maeve Kim  
Saturday, September 18, 10 am–noon ET  
Member: $20 | Non-Member: $35  
Visit a diversity-rich backyard habitat in Jericho, and learn how to make your yard full of bird songs. Provide own transportation, park and meet at the Community Center in Jericho, 329 Browns Trace Road, Jericho.

Shelburne Museum Exhibit: New England Now: People  
with Carolyn Bauer  
Wednesday, September 29, 10–11:30 am ET  
Member: $15 | Non-Member: $25  
Receive a personal, intimate gallery tour and conversation with Carolyn Bauer, Associate Curator. Learn about the ten talented participating artists and their diverse works of art, and hear behind-the-scenes details about the three-year development and evolution of this exciting exhibition and biennial series. Grab ‘n go lunches available for purchase in on-site café. Provide own transportation to the Shelburne Museum, 6000 Shelburne Road, Shelburne.

Heritage Winooski Mill Museum: Child Labor Then and Now  
with Miriam Block  
Thursday, September 30, 11 am–noon ET  
Member: $15 | Non-Member: $25  
Join us at the Heritage Winooski Mill Museum and focus on Lewis Hine photos of children working at the textile mills in Winooski and other parts of Vermont in 1909. Learn about the dangers of child labor in mills and how the National Child Labor Committee campaigned to make working environments safer. Examine how child labor is still a global issue today. Provide own transportation to the Heritage Winooski Mill Museum, main entrance facing 20 Winooski Falls Way. For wheelchair accessible entry, please call ahead, (802) 453-5830, to make arrangements.

Historic Walking Tour of UVM  
with William Averyt  
Saturday, October 2, 10:30 am–noon ET  
Member: $15 | Non-Member: $25  
This walking tour of the historic center of the UVM campus covers the fascinating people, architecture, and events from pre-Revolutionary times to the present. The tour will be given rain or shine and is approximately a 1 mile walking distance. Meet at the Ira Allen statue on the UVM Green.

Beginner Ukulele — Level 1  
with Clare Innes  
Mondays, October 4–25, 5:30–6:30 pm ET  
Member: $40 | Non-Member: $60  
Enjoy learning chords, strums, and techniques to begin your ukulele journey and gain confidence playing with others. No uke? No worries! Ukuleles available at your local music shops. This class is designed for ukuleles in the common high-G (“re-entrant”) tuning.

Cover Story: Katharine Graham, CEO  
with New York Historical Society  
Tuesday, October 5, 10:30–11:30 am ET  
Member: $15 | Non-Member: $25  
Curator Jeanne Gutierrez discusses the current exhibition and delves into a transformative period in Katharine Graham’s life, as her devotion to the Post helped her evolve from a self-effacing widow into a decisive media executive.

Beginning Yoga I, Session 2  
with Amanda McIntire  
Wednesdays, October 6–27, 5:30–6:30 pm ET  
Member: $40 | Non-Member: $60  
Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Use of yoga mat recommended.

COURSE KEY: ONLINE IN-PERSON

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Photo: Dennis Howerton, Cherry Grove Archives Collection, Gift of Gay Nathan and Julie Paradise

see more classes
Safe/Haven: Gay Life in 1950s Cherry Grove ▶️
with New York Historical Society
Thursday, October 7, 10:30–11:30 am ET
Member: $15 | Non-Member: $25

This docent-led virtual presentation explores the gay and lesbian community that flourished during the 1950s in Cherry Grove, New York through photographs and additional ephemera from the unique holdings of the Cherry Grove Archives Collection.

Opening the Vaults at the Fleming Museum ▶️
with Alice Boone
Saturday, October 16, 12:30–2 pm ET
Member: $15 | Non-Member: $25

Class participants will be able to request to see objects from the Fleming Museum’s storage (see OLLI Fall course web listing for link to Fleming’s collection) that are rarely seen in galleries and learn more about them in an up close and personal encounter with the artworks in the Fleming’s fall public teaching gallery, 61 Colchester Avenue, Burlington.

“Look at the list of classes. Allow yourself to be drawn to a subject outside of your regular interests... pay attention to the subject matter that sends a little electric impulse to your brain and choose that class.”

— OLLI Member

Drawing and Painting du Jour ▶️
with Michael Strauss
Saturdays, October 9–30, 10 am–noon ET
Member: $60 | Non-Member: $90

Enjoy this mix of short films about art and art making, museum visits (online) with a focus on well known historically important and contemporary artists, followed by open studio art making (drawing and/or painting), demonstrations, sharing work, critiques and discussion. No drawing or painting experience required. See OLLI Fall course web listing for materials list.

Russian History Through the Eyes of the Artist — 2 ▶️
with James West
Tuesdays, October 12–November 2, 10:30 am–noon ET
Member: $60 | Non-Member: $90

We will use Russian art and music to narrate the events of Russian History, based around weekly (independent) readings (30–40 pp/week) of the text, Natasha’s Dance, by Orlando Figes. Active discussion of the music and art will be encouraged. This session is a continuation of a September series on Russian History. There is no pre-requisite for participation in this course, since subjects will be treated differently from those discussed in September.

Rokeby Museum: Dual Exhibit Tour & Talk ▶️
With Lindsay Varner, Museum Director and Education Manager Tucker Foltz
Tuesday, October 12, 1–2:30 pm ET
Member: $15 | Non-Member: $25


Darkness Falls Tour — Burlington’s Historic Haunts ▶️
with Thea Lewis
Tuesday, October 19, 11 am–noon ET
Member: $20 | Non-Member: $35

History and hauntings combine for a unique adventure, when you tour with Vermont author and historian Thea Lewis, creator of Queen City Ghostwalk. Meet at the Democracy sculpture, Courthouse Plaza, 199 Main Street, Burlington. Must register by Monday, October 19. Rain date: October 25.

Reading Workshop: The Short Story and American Identity ▶️
with Robert Weibezahl
Thursdays, October 21–November 11, 2:30–4 pm ET
Member: $60 | Non-Member: $90


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see more classes ▶️
Origins of Capitalism with Robert Hajdu
Tuesday, October 26, 5:30–7 pm ET
Member: $15 | Non-Member: $25
Investigate the economic and social conditions in Western Europe during the 15th and 16th centuries that account for the emergence of capitalism.

Beginning Yoga I, Session 3 with Amanda McIntire
Wednesdays, November 3–24, 5:30–6:30 pm ET
Member: $40 | Non-Member: $60
Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Use of yoga mat recommended.

Cooking for One (or Two) with Patsy Jamieson
Thursday, November 4, 5:30–6:30 pm ET
Member: $20 | Non-Member: $35
Learn to make easy, delicious recipes that serve one or two, such as harissa-glazed chicken with butternut squash and a 5 minute French style omelet. The class will also provide tips for smart shopping to reduce waste when you are cooking for a small household.

Beyond the Surface: Cultivating Meaningful Connections with Katherine Robinson
Saturdays, November 6 & 13, 10:30 am–noon ET
Member: $30 | Non-Member: $45
Connection is what we are wired for and is considered one of the many important and rewarding parts of being human. In this course, we will explore the benefits of connecting with others, the early conditioning that can work against us and the steps needed to create meaningful connection.

Justice Ruth Bader Ginsburg: More Than Just A Liberal Justice with Greg Ferro
Wednesday, November 17, 1–2:30 pm ET
Member: $15 | Non-Member: $25
When you hear the name Ruth Bader Ginsburg, you may only think of her as a liberal justice. In this introductory overview of Justice Ginsburg, we will explore some of her life experiences, offices held, and most notable court decisions and dissents in which she was involved.

Saint Nicholas and Speculaas: History and Baking Demo with Anna Mays
Wednesday, December 1, 11 am–noon ET
Member: $20 | Non-Member: $35
Learn about the history, legends and traditions of Saint Nicholas Day, celebrated throughout Europe on December 6. The class will include a baking demo of the spiced shortcrust biscuit Speculaas, traditionally baked for Saint Nicholas Day in the Netherlands, Belgium and Luxembourg.

OM for the Holidays: A Journey into Meditation & Mindfulness with Katherine Robinson
Thursdays, December 2, 9, & 16, 5–6:15 pm ET
Member: $40 | Non-Member: $60
December can be stressful — shopping, cooking, out-of-town guests, parties, expectations. So go “OM For the Holidays!” Share deep breaths, mantras, seated qigong practices and more than a few OMs.

2021 GEORGE D. AIKEN VIRTUAL LECTURE
Our Digital Democracy in the Age of Surveillance Capitalism: An Evening with Shoshana Zuboff
Thursday, October 14, 2021, 5–6 pm | FREE
For more information and/or to RSVP: go.uvm.edu/olli21

Join us for a virtual conversation with scholar, author and activist Shoshana Zuboff. She warns that surveillance capitalism, a term Zuboff developed, is undermining our personal rights and threatening democracy. Learn how Zuboff wants us to imagine a digital future where our personal information is back under our control.

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Become a member of OLLI at UVM and...

You will have the opportunity to experience educational and cultural opportunities offered through OLLI and other partnership programs and events.

You become part of a community of people with new and different or shared interests, who all embrace similar ideas about themselves and share the value in life-long education.

Explore new as well as familiar fields of interest and to explore all of these things in an environment suited to an adult learner.

You Will Receive:
- University-quality learning experiences in your community
- Intellectually stimulating courses
- Opportunities to share a passion or long-standing interest with others
- A forum for friendship and socializing
- Preferential seating at select premiere UVM lectures and events
- Opportunities to participate on volunteer committees

Benefits of Membership:
- Up to 50% discount on OLLI courses
- OLLI e-newsletters and updates on lectures, activities, courses and events of interest
- Discounted tickets to UVM Lane Series performing arts events
- Priority registration for all OLLI educational travel opportunities

NEW SEMESTER-BASED MEMBERSHIP:
- FALL: $12
  ($10 for UVM faculty/staff/alumni or AARP members)
- SPRING: $12
  ($10 for UVM faculty/staff/alumni or AARP members)
- SUMMER: $10
  ($8 for UVM faculty/staff/alumni or AARP members)

Become a member of OLLI at UVM and...

Join us this Fall for lively and informative ONLINE presentations on historical, timely, and relevant topics. Wednesdays 1-2 pm ET as listed below.

- Climate Change and Agriculture in Vermont
  with Joshua Faulkner
  October 13

- Cult and Conspiracy
  with Richard Hoskin
  October 20

- Transforming Central Park
  with Sara Cedar Miller
  October 27

- Promoting Food Access and Food Justice in the Fight Against Hunger
  with Hannah Harrington
  November 3

- I Wonder As I Wander: Poems Addressing Home (as Geographical and Internal Landscape)
  with Reuben Jackson
  November 10

Save over 50% when you sign up for all 5 lectures!

All Five Lectures: $25 | Individual Lectures: $10

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sign up now!

OLLI VOLUNTEER & TEACHING OPPORTUNITIES:

Become an active OLLI member by sharing your talents, interests, and ideas as a member-volunteer. An actively involved membership ensures interesting and diverse classes as well as keeping OLLI fees affordable. Join the Programming or Membership committee! Or maybe teach for OLLI? Don’t have time for a committee? Be a classroom ambassador. Or help with fundraising and special events.