



Former Farmer Training Program students Caitlin and Jason Elbersen were recently featured in the Vermont newspaper Seven Days for the outstanding success of Sobremesa, their fermented foods company. They specialize in creating delicious fermented vegetables such as kimchi, unique sauerkrauts, and seasonal products from their own and other Vermont farmers' organic vegetables and herbs.

Sobremesa is a Spanish word that refers to the time spent lingering at the table after a meal and sharing food-inspired conversation. "The name is at the heart of why we want to grow and make food," Caitlin says. "Sobremesa is a time to digest and savor food, family, and friendship."

Read about Sobremesa and the Elbersens [here](#).

Limited spots are still available for the 2016 Farmer Training Program, May 9 through October 28. Apply now [here](#).

Happy Spring—

The Farmer Training Team

S'ra DeSantis, M.S.
Farmer Training Program Coordinator and Educator
Environmental Programs Coordinator



Continuing and Distance Education
466 So Prospect St., Burlington, VT 05401
Phone: 802-656-5836

[UVM Farmer Training Program](#) | [UVM Food Feed Blog](#)

Share this email:



[Manage](#) your preferences | [Opt out](#) using TrueRemove™

Got this as a forward? [Sign up](#) to receive our future emails.

View this email [online](#).

322 S Prospect Street
Burlington, VT | 05401 US

This email was sent to .
To continue receiving our emails, add us to your address book.

