UVM Breakthrough Leaders for Sustainable Food Systems Professional Certificate Program
Summer 2019 Schedule*

**Instructional Team:** Cynthia Belliveau, Ed.D.
Vic Izzo, Ph.D.
Simone Washington, M.S., J.D.

**Dates:**
- **Online Pre-course Reading & Discussions:** May 20-May 31, 2019
- **Residential Session:** June 3-7, 2019
- **Primary Campus Meeting Location:** UHeights South Multipurpose Room

**Residential Session Schedule**

8:30am-9:00am  
Check-in and Welcome – Nichole Hathaway (Program Planner)

**Monday, June 3 – A Full Plate**

9:00am-11:00pm  
Expanding Your Palate for Leadership - UHeights South Multipurpose Room
*(Cynthia Belliveau, Dean, UVM Continuing and Distance Education & Faculty, Nutrition and Food Science at the University of Vermont)*

11:15am-12:15pm  
Leverage Points in a Complex System - UHeights South Multipurpose Room
*(Vic Izzo, Lecturer, College of Agriculture and Life Sciences and Research Associate at the Agroecology and Livelihoods Collaborative at the University of Vermont)*

12:30pm-1:30pm  
Lunch (Waterman Manor)

2:00pm-3:30pm  
Agroecology and Participatory Action Research for more Sustainable and Just Food Systems - UHeights South Multipurpose Room *(Ernesto Mendez, Associate Professor of Agroecology & Environmental Studies and Director of the Agroecology and Livelihoods Collaborative at the University of Vermont)*

3:30pm-4:30pm  
Group Activity - UHeights South Multipurpose Room
*(Cynthia Belliveau & Vic Izzo)*

4:30pm-6:30pm  
Reception & Dinner – Alumni House
**Tuesday, June 4 – Lay of the Land: A Food Systems Corridor Tour**

8:00am-8:45am  Breakfast voucher– with over view of *Sodexo Operations* (Davis Center Marketplace)  
*Melissa Zelazny*, Resident District Manager, Sodexo

9:00am  Bus pick up at UVM Davis Center Turnaround for *City Market* Visit

9:30am- 10:45am  *City Market Food Co-op-Tour* (Lead by Outreach & Education Manager) – South End  
(207 Flynn Avenue)

10:45am  Bus pick up students from City Market and travel to *Chittenden Emergency Food Shelf*

11:00am-12:00pm  *Chittenden Emergency Food Shelf*, Tour, 228 North Winooski Ave, Burlington, VT  
*Kelly Saunders*, Development Director

12:15am  Bus pick up students from *Chittenden Emergency Food Shelf* and travel to *American Flatbread*

12:30pm-1:45pm  *American Flatbread*, 155 St. Paul St., Burlington, VT-lunch & presentation to discuss leadership experience, sustainability practices, and challenges in running the restaurant  
*Rob Downey*, Owner

1:45pm  Bus pick up students from *American Flatbread* and travel back to UHeights South

2:00pm-5:00pm  *Power Dynamics in the Food System: Corporate Concentration, Organic Integrity, Social Justice, & Contract Ag Reform* - UHeights South Multipurpose Room  
*Scott Marlow*, Executive Director of the Rural Advancement Foundation International

Dinner on your own

**Wednesday, June 5 – Know your Strengths**

9:00am-11:00am  Reflection followed by *Strengths-Based Leadership & Perspectives on Strengths-Based Leadership* - UHeights South Multipurpose Room  
*Cynthia Belliveau*

10:00am-11:30am  *Focusing on Your Strengths* - UHeights South Multipurpose Room  
*Vic Izzo*

11:40am-12:00pm  Bus pick up at UHeights South turnaround for the *Intervale*

12:00pm-1:00pm  Lunch at Intervale

1:00pm-2:30pm  *Tour and Presentation and Intervale Tour on Building Community Food Systems with an Introduction to the Intervale Food Hub* (Mandy Fischer, Development Director, Intervale Center)
2:30pm-4:30pm  Basics of Social Equity – What is social equity, why it’s important for the food system, and how it informs strong leadership?
(Simone Washington, Ben & Jerry’s Social Mission Strategy and Policy Manager)

4:30pm  Bus pick up from Intervale and return to UHeights South

Dinner on your own

Thursday, June 6: Social Equity in the Food System at Ben and Jerry’s

8:30am-9:00am  Breakfast and Debrief at Ben and Jerry’s headquarters

9:00am-10:00am  CEO’s Perspective and Leadership Role
(Matthew McCarthy, Ben and Jerry’s, CEO)

10:15am-12:30pm  What is Social Equity Work and How to Lead It?
(Simone Washington, Social Mission Strategy and Policy Manager)

12:30pm-1:30pm  Lunch and Break

1:30pm-4:30pm  How to Become Allies Fighting the Same System: Role Play, Power Analysis, and Conflict Resolution Techniques
(Simone Washington and Ben and Jerry’s Key Stakeholders)

Dinner on your own

Friday, June 7 – Leadership for Global Change

9:00am-10:00am  So Now What Are You Going To Do? Envisioning Your New Future. Group discussion. - Aiken 110 (Vic Izzo)

10:10am – 10:30am  Bus pickup at UHeights South for Catamount Farm

10:30am – 12:00pm  Foodbanks and Gleaning (Andrea Solazzo, Vermont Food Bank, Gleaning and Community Outreach Coordinator)

12:00pm-1:00pm  Lunch with Farmer Training Program

1:00pm-2:00pm  Tour farm with S’ra (FTP Program Director)

2:00-4:30pm  Group Work, Closing and Reflections (Cynthia Belliveau and Vic Izzo)

4:30pm  Bus pickup at Catamount Farm back to Campus – End of Program

*(Schedule subject to change based on weather)*