

SUMMER 2017 Courses & Events



OSHER LIFELONG LEARNING INSTITUTE
OF THE UNIVERSITY OF VERMONT

seek. learn.
discover. grow.



Jean Talon Market Tour, Fall 2016

Learning to Look: Works of Art Across Time & Cultures

with *Christina Fearon*

Thursday, May 11, 5:30–7 pm

Member: \$15 | Non-Member: \$30

Join Christina Fearon, curator of education at the Fleming Museum of Art, to explore how artists use visual elements to bring their ideas to life. View a range of European, American, Asian, and African artistic expressions, and examine prints brought out especially for this program, including a large-scale print by Leonard Baskin, and a print with racially charged text by contemporary artist Glenn Ligon.

Musee des Beaux Arts Tour of the Marc Chagall Exhibit & Atwater Market Visit

with *OLLI Staff*

Saturday, May 20, 8 am–5 pm

Member: \$90 | Non-Member: \$120

Enjoy a private tour of this large-scale multidisciplinary exhibition, which explores — for the first time — the importance of music for Marc Chagall (1887–1985), followed by a visit to the Atwater Market. Premier coach transportation provided.

Water Lily Flower Painting

with *Bryan Briscoe*

Tuesdays, June 6, 20, 27, 4:30–7 pm

Member: \$75 | Non-Member: \$115

Learn how to draw a water lily by interpretation with line and contour using watercolor pencils and brushstrokes. Select one of your sketches to produce your own original painting. See OLLI website for complete art supplies list. No class on June 13.

Beginning Yoga I

with *Amanda McIntire*

SESSION 1: Wednesdays, June 7–28, 5:30–6:30 pm

Member: \$40 | Non-Member: \$60

SESSION 2: Mondays, July 3–31*, 5:30–6:30 pm

Member: \$40 | Non-Member: \$60

Learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation in this introductory course. Bring your own mat.

**No class on July 10*

Wildlife Tracking — Reclaiming Our Shared Humanity

with *Mike Kessler*

Wednesday, June 7, 5:30–7:30 pm

Member: \$20 | Non-Member: \$30

This presentation gently, yet dramatically, launches participants upon their individual paths to becoming master trackers. Survey the physical, emotional, intellectual, and spiritual aspects of the lost art of tracking. Indoor discussion is followed by outdoor exploration. No prior experience is necessary, and often preferred.



of The University of Vermont®

sign up now!

classes · travel · lectures · discussions · active learning

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Bonsai Tree Painting

with Bryan Briscoe

Mondays, June 12–26, 4:30–7 pm

Member: \$75 | Non-Member: \$115

In this beginning to intermediate level watercolor class, enjoy learning how to paint your very own “Bonsai Tree” using traditionally-proven and effective watercolor techniques. See OLLI website for complete art supplies list.

What’s in a Bird Song?

with Maeve Kim

Wednesday, June 14, 5:30–7 pm &

Saturday, June 17, 8–10 am

Member: \$35 | Non-Member: \$55

Learn how and why birds sing and call. Both in the classroom and outdoors in a nearby park, we’ll explore this rich dimension that birds add to our enjoyment of nature. Transportation to Saturday field trip is on your own.

Natural History of Local Trees

with Jacob Holzberg-Pill

Tuesdays, June 20 & 27, 5:30–7:30 pm

Member: \$40 | Non-Member: \$60

In this outdoor class at Oakledge Park we will learn to identify some of our common regional trees and discuss traditional and modern uses of each species. This course is perfect for anyone curious or passionate about nature. Wear comfortable walking shoes. Transportation to Oakledge Park is on your own.

End of Life Options in Vermont

with Linda Waite-Simpson

Wednesday, June 21, 5:30–7:30 pm

Member: \$20 | Non-Member: \$40

Discuss end-of-life care options, including Act 39, unwanted or inappropriate medical treatment, voluntary stopping of eating and drinking, as well as care options appropriate for your advance directive.

“All Men Are Created Equal”: Proverbial Rhetoric in the American Democratic Tradition

with Wolfgang Mieder

Thursday, June 22, 2:30–4 pm

Member: \$15 | Non-Member: \$30

Discuss the origin, history, meaning, and use of the proverb, “All men are created equal.” The proverb is well established as a serious statement about freedom and equality, and also in satirical, ironical, and humorous parodies expressing the imperfections of humankind.

Berry Bounty

with Patsy Jamieson

Saturday, June 24, 10 am–1 pm

Member: \$60 | Non-Member: \$90

Learn new recipes, both sweet and savory, for nutritious and delicious local berries, such as a berry salad dressing, velvety strawberry mousse, and comforting French clafoutis. Discuss methods for making jam and preserving berries. Transportation to Essex Resort and Spa kitchen is on your own.

Montreal Botanical Garden Tour

with OLLI Staff

Sunday, June 25, 8 am–5 pm

Member: \$85 | Non-Member: \$120

Enjoy a day strolling through the Botanical Gardens of Montreal, including a guided tour of the Rose, Japanese, and Flowery Brook and Lilacs Gardens. Eat at the small café on site or pack a lunch. Premier coach bus transportation included.

Burlington Edible History Tour

with Elise Guyette

Thursday, June 29, 1–4 pm

Member: \$50 | Non-Member: \$75

Join us for a two-mile, five-restaurant tasting and walking tour, and discover the history of Burlington’s early immigrant groups and their food traditions, when farm-to-table was a way of life. A section of the walk is uphill from Main St. to Church St. and may offer a challenge to some. Meet behind ECHO on the waterfront.

VT State House Tour & VT Historical Society Museum Visit

with OLLI Staff

Thursday, June 29, 10 am–12 noon

Member: \$20 | Non-Member: \$35

Join Vermont State Curator, David Schutz, for a private tour of the State House including the Representative’s Hall, the Senate Chamber, The Governor’s office and the Cedar Creek room. Take a short walk next door for a brief introduction and self-guided tour at the Vermont Historical Society Museum. Transportation to Montpelier is on your own.



Kayaking, Summer 2014

French For Travelers

with Alysse Anton

Thursdays, July 6–27, 10–11:30 am

Member: \$60 | Non-Member: \$90

Learn to navigate French-speaking cities, order delicious food, and find cultural hotspots without feeling lost (literally and in translation...) in this engaging and interactive class.

Strength and Conditioning

with KC Bruch

Thursdays, July 6–27, 5:30–6:30 pm

Member: \$40 | Non-Member: \$60

Enjoy this strength-training class for adults aiming to become stronger, healthier and independent. Each session will include body weight training along with weighted exercises. We will use functional exercises that can help in everyday life. Bring one set of 3–5 lb. hand weights.

Switchback Brewery Tour

with The Switchback Brewery Staff

Saturday, July 8, 3–4:30 pm

Member: \$20 | Non-Member: \$35

Join us at Switchback Brewing Company for a tour led by long-time Brewer, Dan Tomaino. Dan will guide you through the facility and the processes that make Switchback unique from start to finish, from brewing to packaging. Afterwards enjoy a brewed-tasting of four of their beers in the Tap Room.

Introduction to Mah Jongg

with Laurie DiCesare

Monday, July 10, 5:30–8:30 pm

Member: \$30 | Non-Member: \$45

In this introductory class, learn how to play the Chinese tile-trading game of Winds of Dragons, including naming the tiles and demonstrations of a few easy winning hands and tile trades. We'll also play one or two slow-paced games.

History Tour of Burlington

with Gary De Carolis

SESSION 1: Saturday, July 15, 9:30 am–12:15 pm

Member: \$55 | Non-Member: \$80

SESSION 2: Saturday, July 15, 1:30–4:15 pm

Member: \$55 | Non-Member: \$80

Travel in a van with Burlington History Tours to visit key sites, while learning the city's history from 1609 to the present day. We'll also discuss unique features of Lake Champlain and why Native Americans treasured this area.



OLLI Cooking Class, Spring 2017

Completing an Advance Directive

with Linda Waite-Simpson

Wednesday, July 19, 5:30–7:30 pm

Member: \$20 | Non-Member: \$40

Learn about the benefits of end-of-life planning through an advance directive. In this session, you can complete your own advance directive and ask any questions you may have about the process.

Introduction to Sea Kayaking

with David Yagoda

Friday, July 21, 9 am–noon

Member: \$75 | Non-Member: \$95

OLLI has teamed up with True North Kayak Tours to offer this engaging kayak seminar that includes paddling instruction, safety considerations, and basic boat handling, geared toward adult learners. All equipment and handouts are provided, but you can bring your own kayak if you have one! Meet at Shelburne Bay Fish and Wildlife access on Bay Road in Shelburne.

sign up now!

“ If this was the only class I had ever taken, I would shout KUDOS from the roof tops for OLLI and its programs. Keep up the good work. ” – OLLI Member

REGISTER TODAY! learn.uvm.edu/olli 802.656.2085



Sea Kayaking, Summer 2016

OLLI ▶

OSHER LIFELONG LEARNING INSTITUTE
OF THE UNIVERSITY OF VERMONT

3RD ANNUAL OLLIFest

Wednesday, September 13, 2017
5:30–7pm

Livak Ballroom,
UVM Davis Center

Live Music · Silent Auction
Fabulous Food

Meet your Fall OLLI instructors
Guests Welcome!



Adventures in Monochromatic Mediums

with Jean Carlson Masseau

Saturday, July 22, 9:30 am–3 pm

Member: \$80 | Non-Member: \$110

Enjoy this one-day intensive workshop focusing on the creative possibilities of drawing with limited color. A \$10 fee is included for materials provided by the instructor, and students will be given a short list of supplies to bring to class. Bring a bag lunch.

Amazing Odonates: Dragonflies and Damselflies

with Laurie DiCesare

Tuesday, July 25, 5:30–7:30 pm &

Saturday, July 29*, 10 am–noon

Member: \$40 | Non-Member: \$60

Discuss the history, folklore, biology, and ecology of dragonflies and damselflies, including their elaborate and varied mating rituals. On Saturday, learn how to observe, identify, and photograph them at the Gilbrook Reservoir in Winooski. Transportation to the reservoir is on your own.

*Raindate for field trip is Sunday, July 30, 10 am–noon.

sign up now!

Become an OLLI at UVM member and register for courses:

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