Vermont’s Migrating Raptors and Waterfowl
with Maeve Kim
Saturdays, September 10 & 17, 10 am–noon
Member: $40 | Non-Member: $60
Study fall hawk migration and participate in a mountain hawk watch. Transportation for 9/17 field trip is on your own.

Beginning Yoga I
with Amanda McIntire
SESSION 1: Mondays, September 12, 19 & Oct. 3, 5:30–6:30 pm
Member: $30* | Non-Member: $45
SESSION 2: Mondays, October 17–November 7, 5:30–6:30 pm
Member: $40** | Non-Member: $60
First-time beginners learn the basics of yoga, including the physical practice (asana), breathing techniques (pranayama), and meditation. Please bring your own mat.

Beginning Yoga II
with Amanda McIntire
SESSION 1: Wednesdays, September 14, 21, & Oct. 5, 5:30–6:30 pm
Member: $30* | Non-Member: $45
SESSION 2: Mondays, October 17–November 7, 5:30–6:30 pm
Member: $40** | Non-Member: $60
This series furthers participants’ yoga experience through physical practice (asana), breathing (pranayama), and meditation. Please bring your own mat.

*Members can sign up for both Monday and Wednesday classes, Session 1 — Six sessions for only $50.
**Members can sign up for both Monday and Wednesday classes, Session 2 — Eight sessions for only $60.

GREAT DECISIONS
See page 3 for details.
The Powers of Creative Writing: Exploring the Elements of Fiction
with Kristen Johannesson
Mondays, September 12–October 3, 5:30–7 pm
Member: $60 | Non-Member: $90
Through examining the elements of fiction, we will apply skills learned to improve plot, characters, establish a clear narrative voice, and develop rich and intriguing settings to strengthen our fiction writing.

Reading Workshop: It Can’t Happen Here
with Rebecca Starks
Wednesdays, September 14–October 5, 5:30–7 pm
Member: $60 | Non-Member: $90
Read and discuss Sinclair Lewis’s 1935 novel, It Can’t Happen Here, a cautionary tale set in Vermont about the fragility of democracy.

The Wonder of Watercolor — Level 1
with Lynn Cummings
Wednesdays, September 14–October 5, 5–6:30 pm
Member: $60 | Non-Member: $90
Immerse yourself in the exciting medium of watercolor with other beginners through class discussion, instructor demos, Q&A, and critique. Supply list available on OLLI website.

Quebec Wine & Cheese Tour
with Patsy Jamieson
Thursday, September 15, 8 am–5 pm
Member: $85 | Non-Member: $120
Enjoy artisan cheese tasting at the award-winning Fritz Kaiser Fromage in Noyan, plus a wine tasting at Domaine du Ridge winery in Saint Armand. Fritz Kaiser cheese and baguettes will be provided. Please pack your own lunch. Premier coach transportation is provided.

Issues in Sustainability
with Michael Abrams
Mondays, September 19 & 26, 5:30–7 pm
Member: $30 | Non-Member: $45
Examine some of the critical issues around food, water, and energy, as civilization faces its quest for a sustainable future.

Introduction to Zentangle
with Carolyn Siccama
Thursday, September 22, 5:30–7:45 pm
Member: $30 | Non-Member: $45
Zentangle is an easy-to-learn method of creating beautiful images from repetitive patterns. All materials will be provided.

A Tour of Montreal’s Food Mecca: Jean Talon Market
with Patsy Jamieson
Sunday, September 25, 8 am–5 pm
Member: $60 | Non-Member: $95
Tour Montreal’s most amazing market, filled with local produce and specialty foods. Premier coach transportation will be provided.

End-of-Life Options in Vermont
with Linda Waite-Simpson
Tuesday, September 27, 4–5:30 pm
Member: $10 | Non-Member: $25
Discuss end-of-life care options, including Act 39, unwanted medical treatment, inappropriate medical treatment, voluntary stopping of eating and drinking, as well as care options appropriate for your advance directive.

“OLLI is exactly what I have been hoping for — an opportunity to learn about things from an excellent instructor with other people who are interested and new to me. A time to think, talk, laugh, and enjoy learning.”

— OLLI Member
SACRED HARP SINGING

Every Tuesday, 6:30–8:30pm, Ira Allen Chapel

Sacred Harp is a traditional New England style of participatory signing that is both dramatic and beautiful. Sung a cappella in four part harmony, songs are taught by singing the “shapes” and then the words. Free and open to the public. Regular attendees strongly encouraged to become an OLLI member.

REGISTER TODAY!  learn.uvm.edu/olli  802.656.2085
German Attitudes to the Holocaust, 1945–2015: Seventy Years of Change, A Personal View
with David Scrase
Tuesday, September 27, 2–3:30 pm
Member: FREE | Non-Member: $25

This lecture and discussion cover the changing views in German society toward the terrible crimes of the Third Reich and reflect the experiences of the speaker throughout his career as a German scholar.

Burlington Edible History Tour
with Gail Rosenberg & Elise A. Guyette
Thursday, September 29, 1–4 pm
Member: $50 | Non-Member: $75

On a two-mile walk, discover the history of Burlington’s early ethnic groups and their food traditions, when farm to table was a way of life. We will stop at five restaurants for delicious samplings of local foods. A section of the walk is uphill on Main Street and may offer a challenge to some individuals.

Floods, Droughts, and Other Wild Weather: Impacts on Vermont and Vermonters
with Lesley-Ann Dupigney-Giroux
Thursday, September 29, 5–6:30 pm
Member: $15 | Non-Member: $30

Examine a mixture of sources, from diaries in the 1800s to satellite imagery, and explore the ways in which natural hazards have helped shape the economy and the daily lives of Vermonters.

History Tour of Burlington
with Gary De Carolis
Saturday, October 1, 9:45 am–noon
Member: $45 | Non-Member: $65

Travel in a van with Burlington History Tours to visit key spots and discuss the Burlington area from 1609 to the present day. Learn unique features of Lake Champlain and understand why Native Americans treasured this area.

Mozart’s Don Giovanni: How the Dissolute One Is Punished
with William Harwood
Tuesday, October 4, 5–6:30 pm
Member: $15 | Non-Member: $30

Learn more about the themes and characters in Mozart’s Opera, Don Giovanni. Note: This class will prepare you for viewing the Metropolitan Opera’s HD presentation of Mozart’s Don Giovanni at 12:55 pm, Saturday, October 22, at the Palace 9 Theater in South Burlington. Performance transportation and tickets are on your own.

Self-Compassion in Action
with Ellen Albertson
Thursday, October 6, 5–6:30 pm
Member: $15 | Non-Member: $30

Learn how to boost happiness and optimism, reduce anxiety and depression, or find ways to stick to your diet and exercise routine through practical evidence-based self-compassion techniques.

Quebec Wine and Cheese Tour, Fall 2015
Classic French Desserts  with Patsy Jamieson  
Saturday, October 8, 9:30 am–1 pm  
Member: $55 | Non-Member: $85  
Learn to prepare classic French desserts like crème caramel, profiteroles au chocolat, and tarte tatin.

The Power of Creative Writing: Expanding Our Craft  with Kristen Johannesson  
Mondays, October 17–November 7, 5:30–7 pm  
Member: $60 | Non-Member: $90  
Advance your writing skills through the revision process and examine creative writing in essays, memoirs, and creative non-fiction.

Tai Chi for Life  with Elizabeth Wirls  
Tuesdays, September 13–October 4, 5:30–7 pm  
Member Fee: $60 | Non-Member Fee: $90  
Learn to improve balance, agility, and increase lower and upper body strength, from an instructor trained through CVAAs Tai Chi program with Dr. Paul Lam's Tai Chi for Arthritis and Back Pain program used worldwide.

Montreal Musée des Beaux Arts: Tour the Toulouse Lautrec and Robert Mapplethorpe Exhibits  with OLLI Staff  
Tuesday, October 18, 8 am–5 pm  
Member: $75 | Non-Member: $120  
View Toulouse-Lautrec’s 90 prints and posters, and take a private tour of John Mapplethorpe’s seductive and controversial photographs and prints. Premier coach transportation will be provided.

“Speaks of Rivers”: An Expanded View of the Literary Giants of The Harlem Renaissance  with Kristen Johannesson  
Wednesdays, October 19–November 9, 5–6:30 pm  
Member: $60 | Non-Member: $90  
Discuss the writings of several Harlem Renaissance authors, as well as the lasting impact of such writing.

Create a Collage  with Lynn Cummings  
Wednesdays, October 19–November 2, 4:30–7:30 pm  
Member: $90 | Non-Member: $140  
Learn the joy and excitement of creating collages, from representational to abstract, using various mediums and materials. Supply list available on OLLI website.

Welcome to Vermont: Four Stories of Resettled Identity  with Mira Niagolova  
Thursday, October 20, 5–7 pm  
Member: $20 | Non-member: $40  
Join documentary filmmaker and Fulbright scholar, Mira Niagolova, to view and discuss the documentary, “Welcome to Vermont”, which examines the daily lives of four families from Bosnia, Somalia, Iraq and Rwanda who have recently moved to VT. Meet some of the people highlighted in the film.

Drawing Botanicals in the UVM Greenhouse  with Jean Carlson Masseau  
Saturdays, October 22–November 12, 10 am–1 pm  
Member: $120 | Non-Member: $180  
Learn to draw botanical subjects in a supportive atmosphere that combines classroom instruction with field drawing experiences in the UVM greenhouse. Supply list available on OLLI website.

OLLI members who register by Sunday, September 6, 2016 can receive an additional 10% discount on all OLLI four-session courses! (some restrictions apply)

REGISTER TODAY!  learn.uvm.edu/olli  802.656.2085
Introduction to American Foreign Policy  
with Bill Mares  
**Monday, October 24, 5–7 pm**  
**Member:** $20 | **Non-Member:** $40

Develop your own template of analysis for examining one or multiple foreign policy challenges, such as climate change, the new Cold War, trade with China, immigration, relations with Cuba, or war with ISIS.

“Government of the people, by the people, for the people”: The Making and Meaning of an American Proverb About Democracy  
with Wolfgang Mieder  
**Tuesday, October 25, 2–3:30 pm**  
**Member:** FREE | **Non-Member:** $25

Investigate the origin, history, and significance of the triad “Government of, by, for the people” and how it became an American proverb defining the concept of democracy in a most succinct manner by using proverbs from John Adams, to its use by Daniel Webster, the abolitionist Theodore Parker, Abraham Lincoln, and Frederick Douglass. This is followed by the use and function of the proverb by Winston Churchill, Harry Truman, and Barack Obama.

Completing an Advance Directive  
with Linda Waite-Simpson  
**Thursday, October 27, 4–5:30 pm**  
**Member:** $10 | **Non-Member:** $25

Learn about the benefits of end-of-life planning through an advance directive. In this session, you can complete your own advance directive and ask any questions you may have about the process.

Italian Pranzo (Lunch)  
with Adele Dienno  
**Saturday, October 29, 10 am–1 pm**  
**Member:** $55 | **Non-Member:** $85

Prepare and eat two different tapenade spreads, a Tuscan soup of pasta fagioli, and a salad of seasonal greens and roasted root vegetables with balsamic vinaigrette, prepared with a Vermont twist. Tutti mangiare!

Whiskey on the Lake: Prohibition in the Champlain Valley  
with Scott McLaughlin  
**Thursday, November 3, 2–4 pm**  
**Member:** FREE | **Non-Member:** $25

Learn how professional smugglers and others avoided lawmen altogether by using the open waters of Lake Champlain to smuggle alcohol into the United States from Canada and how the U.S. Customs officers tried their best to stop the seemingly never-ending flow of booze between 1920 and 1933.

Zentangle Maple Leaf  
with Carolyn Siccama  
**Thursday, November 3, 4–7 pm**  
**Member:** $40; **Non-Member:** $60

Using special blending techniques, create a beautiful fall-theme-colored, zentangled maple leaf. Prerequisite: Introduction to Zentangle class.

Sargent to Basquiat: University of Vermont Alumni Collect  
with Christina Fearon  
**Thursday, November 10, 5:30–7 pm**  
**Member:** $15 | **Non-Member:** $30

Enjoy after-hours access and a guided tour of the Fleming Museum's special exhibition, *Sargent to Basquiat: University of Vermont Alumni Collect.*
What is OLLI?

OLLI (Osher Lifelong Learning Institute) at UVM is a community of adult learners who enjoy year-round courses and events that are diverse, interesting, fun, and affordable.

OLLI at UVM seeks to engage the minds, stimulate the senses, and foster learning through a wide range of classes, programs, travel opportunities, and social activities.

OLLI instructors are a mix of peer teachers, UVM faculty, independent scholars, and experts.

Membership is $30 for one year (two can sign up for $50), and courses are priced based on length and format.

Here’s what an OLLI membership gets you...

- Over 30% discount on all OLLI at UVM courses and additional discounts where available (visit learn.uvm.edu/olli)
- Additional 10% discount when you register early. (some restrictions apply)
- Priority seating at select premiere UVM lectures
- Priority registration for OLLI travel programs
- Weekly OLLI e-newsletters and updates on lectures, activities, courses and events of interest
- Discounted tickets to UVM Lane Series performing arts events
- Eligible to purchase membership to the UVM Campus Recreation Center

OLLI volunteer & teaching opportunities:

Become an active OLLI member by sharing your talents, interests, and ideas as a member-volunteer. An actively involved membership ensures interesting and diverse classes as well as keeping OLLI fees affordable. Join the Programming or Membership committee! Or maybe teach for OLLI? Don’t have time for a committee? Be a classroom ambassador. Or help with fundraising and special events.

Become an OLLI at UVM member and register for courses:

learn.uvm.edu/olli  802.656.2085